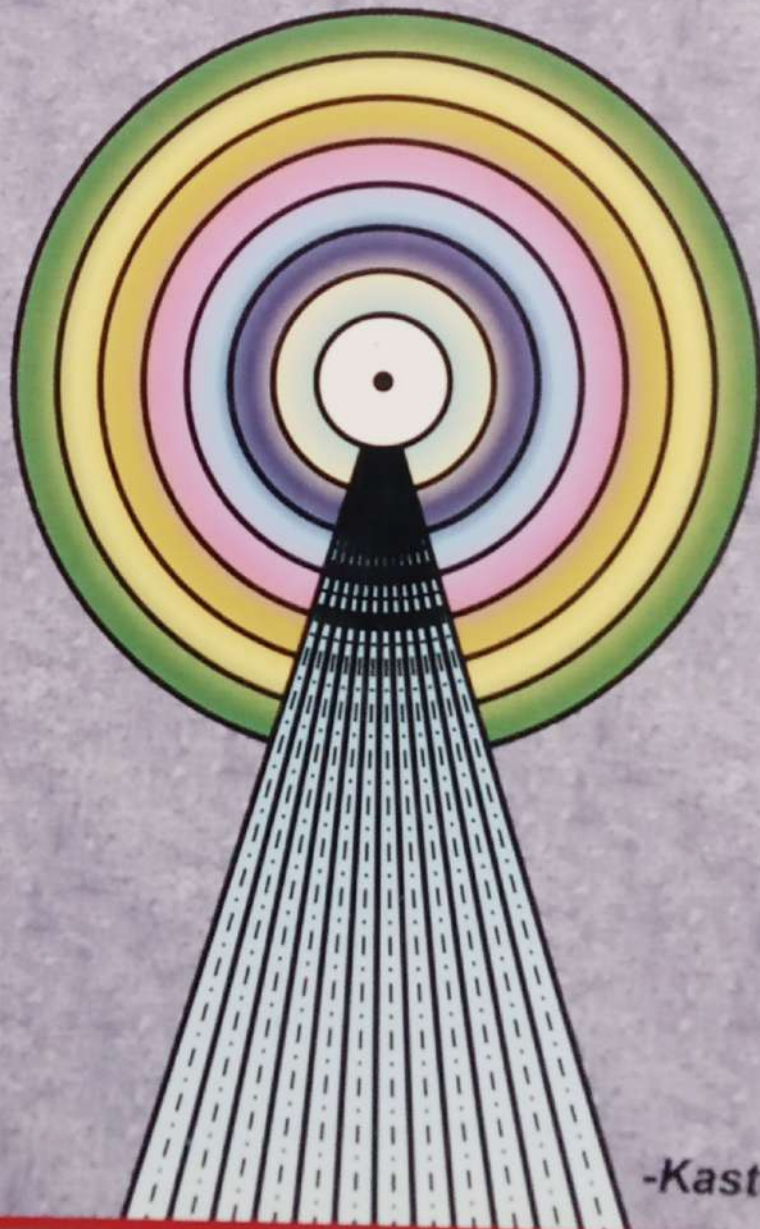


DIVINE WAVE OF ULTIMATE REALITY



-Kasturi Bahin

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KASTURI BEHIN

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PREFACE

As the journey of so many places has become convenient for human beings due to innumerable scientific inventions. In the same way the infinite journey from the Beginning to the Ultimate Reality has become possible through Sahaj Marg Sadhna is the spiritual field by the Divine Personality Sri Babuji Mahraj for the welfare of the mankind according to the need of the nature and for the fulfilment of the Divine Will. The name of Bhooma or Ultimate was hardly known to the humanity before, descendance of Sri Babuji but today it is well known to every one through Sahaj Marg Sadhna. I used to startle when I heard that God is the lord of Maya (Mayapati). I was raptured and thrilled when Sri Babuji Mahraj revealed this secret to me that the incarnations descend on this earth from Maha Maya-Region. Maha Maya is the part power of Godly- power and that is why God is also named as 'Mayapati' or the Lord of Maya.

Devotees have realised God for the sake of their ownelves but none has given any description of the conditions in reaching upto God. Sant Kabir has given some indication about his condition which can be known through his writing in the form of Geet. We know that devotion and craving are the only means to realise God, but the question is how this devotion might develop in Sahaj Marg Sadhana? It is only been searched by Sri Babuji Mahraj. I have found that the feeling of the presence of Divine in the heart is liable to remove the disturbing thoughts in devotion and the same time, it generates love and devotion in the heart of abhyasi automatically. Sri Babuji Mahraj has given the Divine nearness to the human inner by the search of those feelings which increase the craving for that as well. Not only this no pen can dare to write the Divine Personality has captivated the invincible complete ego in sixteen circles under His complete hold after making the required assessment for the abhyasi for Realisation. This search can be glorified as a divine miracle, full of so many spiritual experiences He has opened the reality of every region before every one.

I have noted that it is one thing for the abhyasi to express the conditions through the feelings but in order to give a clear picture of the unity of the conditions pervaded in all the regions along with the power by His research has

been possible for this pen due to His Divine Grace only. When He made me aware about the secret of Brahmand-Mandal and Par-Brahmand-Mandal also through His research, then I came to know that Brahmand-Mandal is that place where whatever is to occur further on the earth in future is previsualised here. Now I have felt the subtleness and the depth of that reference of Bhagwat Geeta in which Lord Krishna had bestowed the divine sight to Arjun and made him see. "Look Arjun! they are already dead. You simply have to act this role on this earth." I have found one more peculiarity of Sahaj Marg that by the thought in meditation that the heart is lighted with divine light has made the divine sight possible in the inner from the very first day. We may not linger on for the Darshan and union of divine conditions in the further progress. After crossing the Brahmand-Mandal whatever expansion is presented by His research, is very unique, as the inner remains raptured in this conditions continuously that "His Grace is unfathomable." Even the divine conditions and the divine sight failed to touch the limits of His grace. Sri Babuji Mahraj has introduced it by the name of Par-Brahmand-Mandal. After words He blessed His abhyasi daughter (Kasturi) with the three deep conditions of devotion by His research and named them. The first as Ibd (absorbed in devotion), the second as Prapanna (Movid) (totally lost in devotion) and the third is Prapanna-Prabhu (Being powerful and firm after above two conditions of devotion). It is similar to the condition of devotee-Prahlad as quite firm but drowned in devotion. He remained unshaken like a fearless child having an armour of devotion, whether he might be thrown from the mountain or burnt in the fire. Devotee Mira Bai remained lost in firm devotion without any fear of poison or snake biting. After this we become adorned with the supreme conditions of Geeta. It means that the condition of Sthiti-Pragya becomes our own form. His research has revealed this also that there is limit of power in the conditions of any region. Devotion is unlimited. In order to open the secret of extreme nearness of Divine, His research has made the human identity liable to be experienced. After giving the entry of the condition, "Identity cannot identify itself" in the abhyasi, He has depicted the seven stages of the Ultimate as the seven rings of Ultimate in His book, His research has presented the perfection and the vision of these conditions by His Grace, liable to be experienced, has bestowed the divine grandeur revealed in the five (5) parts of the book named spiritual infinite journey (Anant Yatra). This truth has also been clear that "there is no end of the end." - because there is nothing to

express. Sri Babuji Mahraj has termed this final state as “Sang Be Namak.” “It is like the feeling of the salt but stone is without any salt.”

In fact Darshan of the Divine Personality in the realm of Bhooma is indeed the Darshan of His entire Divine Research. His marvellous Darshan is beyond the perception of experience and beyond His Darshan is the unique Darshan of Bhooma. I have also understood another secret of Ultimate Reality. The Supreme Divine Personality who is in one midst, being lovingly invited for the upliftment of mankind, incarnated on the earth on account of the Stir of Adi-Shakti Bhooma. In response to extra ordinary divine invitation, Bhooma's Gopal (Sri Babuji) was nurtured and brought up in the lap of incessant loving prayer by the Samartha Sadguru Sri Lalaji Mahraj, and handed Him over to the universe. Now we have nothing to say before this Divine-Power. By offering ourselves at the feet of the Omni-present Supreme Divine Personality who his descended on this earth, we submit our prayer with all humility, so that our existence might be fruitful.

- 1) In fact Anant Yatra (Infinite Journey) is sub-merged in Sahaj Marg Sadhna.
- 2) There is the secret and Darshan of Ultimate Truth in the Divine Research.
- 3) Ultimate Truth is the perfection of Divine Research.

DEDICATION

In fact Realisation is the life of the practice of Sahaj Marg Sadhna and the “Ultimate Reality” is an unparalleled Darshan of the most fascinating smile of Bhooma. This pen is embellished with extraordinary gems of experiences of innumerable divine conditions. It has achieved immortality by depicting the Divine Research of Sri Babuji Mahraj being drowned in devotion and being Laya in the condition of Laya- awastha. The Divine Research of the Divine Personality, Sri Babuji Mahraj has lifted the spiritual literature up to the pinnacle of the Ultimate Reality and has graced this pen for putting in writing this rare subject matter. This pen of mine along with its self-submission, drowned in the extreme pleasure of divine experiences and purified by the writing of this Divine Research is submitted to the “Divine wave of reality Ultimate Reality.”

But the submission has itself declared without giving ears to anybody that it is going to dedicate itself to ‘the Divine flow of the Ultimate’ along with co-partner (Kesar Bahin) who has very beautifully and nicely arranged the writings of all the books and has handed them over to the lap of Ultimate Reality. It is really worth noting that this submission has gained all the applause and honour from the world and after getting the blessings of Divine Personality Sri Babuji Mahraj, it has been submitted to the Divine wave of Ultimate Reality along with sister Kesar (Kesar Bahin) who is not only mine but of the whole world.

3. DIVINE DESCENDENCE

Due to the deep divine secret, our Babuji Mahraj has established the path of Sahaj Marg by opening the divine secret before me for the upliftment of the mankind. According to the inclination of Adi-Sankalpa towards creation as the Ultimate Power descended downward, in the same way Sri Babuji Mahraj has brought forth the flow of the Divine Sankalp for the welfare of the entire human being. The power of the centre in the form of a point is present in the centre of every region of His Research like the reflections of His Divine Sankalp. This truth has also been clear to me by the Divine Research of Sri Babuji Mahraj. His Divine Research has made the infinite- journey (Anant-Yatra) quite easy and simple from the Adi to the Ultimate in the spiritual field and has blessed the divine fortune to all of getting entry in the doors of Bhooma His divine descendance on this earth has not only provided support or help to human beings by Sahaj Marg Sadhna but we have gained the supports of divine love of His infallible Will-Power along with His Divine-Sankalp for the upliftment of the mankind. Not only this I have always found myself being brought up under His extreme care. During my period of Sadhna (Practice) He bestowed me the capability to experience the condition of every point along with His search of the subtlest point. He has also made this truth clear that God dwells in every being and is for all. This is why this search is not confined to anyone alone, but is a great assistance for the elevation of every human being.

Perhaps this is the reason while writing this book, every condition-automatically opens itself completely before me which had been achieved years back. It is only for this that even the subtlest condition being expressed by the Divine Research of my Babuji has been clear to every one. This truth might also be opened that whatever research is this, is for all. There being a touch of the Divine Sankalp, it is capable of entering, every heart as a great hope. There is one more truth for which my pen can not remain silent. He not only equipped me with requisite efficiency to write but He has put before me the picture of every subtle condition so that I might read it and express it to my sisters and brothers. Who would not be dedicated to Him for His such Divine love?

Do you know that who have explained the depth of the meaning of the words written above? As if Ultimate, the source of Adi Shakti has revealed this divine secret through my pen that my Babuji is unique. Who else could reveal the glory of this Supreme Being of Bhooma descended on the earth except the Ultimate itself. In fact no other stir was felt in Adi Shakti except the stir for creation. The foremost uniqueness is worth noticing that Bhooma himself have never felt the separation of its power from itself descending on the earth for executing the nature's work. This is the law of nature that if there is any need of the up heavel of the universe, its inherent nature to remain associated with Godly-power, at once becomes connected with it. Whenever the universe felt the need of the upliftment and modification, there was a stir of the need of bringing peace and balanced condition in society, the prayer of the saints being associated with nature felt always the touch of the Godly-power. Hence the auspicious descendance of incarnations on the earth had always been with the necessary powers from the place of the force of Power Maha-Maya near the centre of the Godly-power. According to the need the great personalities had been descending for the work of the nature on this earth. This is the reason that the form of the incarnations are found of bright light blue colour. It is said that the offspring resembles its mother, and the colour of the divine power of Maha Maya is light blue with a divine glaze so the incarnation is always of the same colour. When the nature witnessed the degenerated state of the era beyond the lowest limit and the downfall of the man to be lost in utter darkness of ego, then it thought about the modification of the era. Nature entrusted this divine responsibility to a Sufi saint. This may be questioned that why Rishis were not chosen for this purpose? The answer is clear that the

search and selection of a great personality on this earth was needed for the fulfilment of this great extraordinary purpose accordingly. We all have come to know through spiritual literature that Rishis have a tendency to become great on this earth to reach the higher conditions. I have already written that the divine incarnations had been purifying this earth for maintaining the sanctity and peace of the universe. The descendance of the incarnations have been witnessed by the lofty sky and the earth for many times. But now the realization of the Ultimate Reality shall be viewed by the entire present world and shall be drowned in the Divine flow of Ultimate

For the renaissance of the era the Divine Descendance required infinite power to glorify the earth according to the will of Divine Nature. The incarnation of Lord Ram was for destroying Ravan who misused the sanctity of the earth. Lord Krishna incarnated to safeguard the glory of the divine nature of the earth from the vicious nature of the great warriors having many weapons along with boons achieved by their penance. This is why this incarnation was more capable and powerful (of sixteen Kala) than the previous one. Today when the man engrossed in his own false ego like a prisoner confined in his own prison, a Supreme Personality capable to safeguard the earth and entire nature became absolutely essential. For this work the Sufi saint searched out Sri Ram Chandrajji Mahraj of Fatehgarh (U.P.) known as Sri Lalaji Mahraj to entrust this divine mission for its fulfilment. It was known to the Sufi saint that it has always occurred in the past that there must be someone on the earth to accomplish this work. Hence Sufi saint felt much relieved after entrusting this work to Sri Lalaji Saheb. I have already mentioned about the divine work in my other books also, that the descendance of a Divine Personality was utterly needed to bestow the divine splendour to the manifestation of the creation equipped with complete hold over the power of Adi Shakti Bhooma. It has been found since ever that this earth is blessed with the offering of Ram-Avatar (Incarnation of Lord Ram) and Kirshna-Avatar (Incarnation of Lord Krishna) as a result of the prayers of Rishis according to the need of nature. Only Rishis could feel that the incarnations have descended. In the same way firstly the descendance of the Divine Personality was felt by Sri Lalaji Saheb in the divine atmosphere. He came to know of Sri Ram Chandrajji Mahraj, Shahjahanpur (U.P.) through meditation when He was only six days old. The entire responsibility of His care and nurturing was taken over by Samartha Sri

Lalaji Saheb by drowning Himself in that Divine- Personality. Perhaps Sri Lalaji Saheb got merged in Sri Babuji for taking care of this Divine Personality. Whatever reason of this divine work was given by the Divine Nature was unique. Having complete command over the Divine-Power (Adi-Shakti) liable to fulfil the great and unique work of the Divine, the Divine Personality Sri Babuji Mahraj is also unique. He is marvellous and matchless. Not only this, but the greatness and depth of this spiritual work is noticeable that not only craving for God-Realisation might arise in the heart of mankind but there might be the craving for the achievement of God. This is why Sri Babuji Mahraj has blessed us with the unique Sahaj Marg Sadhna to enlighten His Divine aim of His Divine Sri Ram Chandra Mission. Besides the union with our beloved, this unique Divine Personality has blessed the mankind with the boon to return back to original divine home of the realm of Bhooma. This marvellous truth which I have experienced in the nearness of Sri Babuji is infact the Realisation of Reality. Whatever it may be but the boon of God-Realisation became quite easy to us due to the descent of Lord Ram and Krishna on this earth as the descendance had been from Godly- region. It is due to this that the earth could easily be united with Godly region having the touch of their feet, because God is omnipresent. It became easy for the devotees drowned in love and remembrance of God to achieve Divine-Realisation being united with the touch of their divine Power and Splendour. Today for the change of the era and for the upliftment of mankind up to the Ultimate Truth. The earth has been automatically connected with Bhooma due to the descendance of this Divine- Personality having the complete command over the power of Bhooma. Our Babuji has bestowed the aim of God-Realisation along with the aim to reach the Ultimate Truth to the abhyasi in Sahaj Marg Sadhna. It is not simply His saying. It is a truth which shall itself open before us by following His method well in the most devoted manner. Today my experience has made this Divine Reality also clear before me by the complete Research of Sri Babuji Mahraj. We become blessed by getting very close nearness of such unparallel Divine Personality and consequently we begin to feel the easy proximity with the Ultimate due to the automatic initiative of Laya-Awastha in His meditation. The marks of His divine feet descended are being preserved by it in the most ceremonial manner for the transformation of the era. Look, at its fortune. The marks of the Divine feet have united the earth with the infinite region of Bhooma. The expansion of His Divine Power has transformed the entire atmosphere into Godly era for the spiritual upliftment of all. Such is the

Divine Will and it has been the truth as well. His Divine Sankalp that “May the craving for God--Realisation awake in the hearts of mankind,” is the symbol of this that the era would definitely have the good fortune to be termed as Satyug or Godly-era due to unity with the power of Bhooma. Today this pen handed over to my hands is fortunate that the Divine Personality Sri Babuji has put this stamp of ‘Amen’ by His grace on my book full of divine experiences i.e., it must happen as such and had made my book immortal by sanctifying it in the stream of divine love for this era to be termed as Divine Era.

This deep divine secret has been open for all and the Divine and all pervasive form of Sri Babuji Mahraj has been manifested in the entire atmosphere like the other incarnations for the reason that the people might easily achieve the condition of Divine nearness and might easily enjoy its bliss. Please note the glory of this era which has made itself blessed by welcoming the Divine-Personality Sri Babuji Mahraj. What can this pen express which has become invaluable being in the hands of infinite. The era is glorified as the supermost of the creation by getting the touch of the feet of Divine-Personality as well as the earth also being absorbed in the Splendour of the marks on the sand of the feet of Bhooma, has achieved the fortune of being Godly. In fact the words are quite inadequate to depict this Divine-Personality. They are unable to expressed it? He has blessed me with His Divine (Darshan) in His own realm through Sadhna. The language of that realm has expressed that the Divine-Personality is matchless miracle of the creation and as well as living miracle of the infinite. For the first time getting the Darshan of Sri Babuji in Lakhimpur, I felt as if the forgotten relations and associations from God had been revived and it was rather difficult for me to be away from Him. “Now I have to go” -- this sentence of His had created an unknown deep pricking of inner attraction in my heart and this was the reality which went on being brighter and brighter in my Sadhna.

The attraction of the inner Godly attachment of this unknown relation extremely provoked me for the association of Sri Babuji who had become the life-force in me. This craving of the unknown relation for the Darshan and nearness of Sri Babuji began to make me extremely restless. Afterwards I was absorbed in His remembrance by His all pervasive divine attraction to such an extent that my ‘I ness’ started melting and the feeling of my ‘Being’ began to get laya in Him. In

other words it can be said that consequently this yearning of the remembrance burns the ego to ashes and hands it over to Him forever. It gives the divine message for all that this Divine Personality has descended for the upliftment of mankind. It seems that with the covering of His love and He will take the mankind to the Ultimate the Divine by preserving in its Divine Commitment very lovingly under the care of the Supreme Power.

I would like to express a divine secret. I have mentioned in my other books too that at the time of every incarnation, the Divine Form embellished by Divine nature expands in the entire atmosphere in all pervasive form on the earth prior to the descendance. This is why Mira had expressed that she found Lord Krishna all around. When the intense craving of love of the devotee achieves nearness of the omnipresent, it becomes quite free not to give ears to any body. Kabir too has expressed same feeling that “My Ram is within me. I need not wait for any one else.” This truth of the nature is also to be honoured that there comes time when the incarnations have to depart from the earth but the omnipresent form of them remains in the atmosphere, but as He is the divine symbol of its era and is beyond the limits of time. This is why the incarnation of Lord Ram and Krishna are still alive in the memory of mankind. The grace of the present era which is linked with Divine Personality (Sri Babuji) shall be glorious and will spread spirituality all over the world. Power of His Divine Sankalp shall prepare mankind for God-Realisation. Incarnation always descend automatically. This all pervasive form of Sri Babuji with the grace and infinite power will make the earth blessed by His transmission-power and shall make it blissful through the feeling of His presence. Divine Personalities or incarnations do not come but they are made to descend on the earth by the divine prayer at the call of divine nature.

It is needless to say that this universe shall remain indebted to Samartha Sadguru Sri Lalaji Saheb for ever. He made this incarnation descend on the earth through the touch of His intense prayer to the main centre of Adi-Shakti (Bhooma). He has beautified the entire atmosphere from the earth to the sky with divinity. He has descended to make the mankind complete with divinity and to glorify the era as Satyug or the Godly era. Our Babuji, the Divine Personality has submitted himself to mankind to fulfill His divine-Sankalp in such a way that we feel transmission from His photographs. Such is my experience. This (Divine)

Personality is unique and we all are blessed under His loving care. This era reared under His infinite power shall be fragrant with divinity because its divine warmth gradually expands being motivated with His Sankalp.

The Divine Personality has revealed more divine secret to me. During the period of incarnations of God Ram and Krishna, Rishis and Saints left their holy realm, descended on the earth to participate in their worldly set up. Being close to Sri Babuji Mahraj I have come to know that many liberated souls like Samartha Sadguru Sri Lalaji Saheb, Lord Krishna, Swami Vivekanand etc. remain in His contact through the dictates for the service of Sri Babuji Mahraj. At that time I was quite ignorant about the significance of these dictates. Since my pen has been bestowed the divine touch for writing the reality of many deep divine secrets have been opened before me. How wonderful is this divine secret? When the liberated souls smell the divine descendance on the earth from the Brighter World, they discard their blissful swimming and handover themselves to the divine personality for His service. They have always appreciated my Babuji too much for the fulfilment of the responsibilities entrusted to Him through the dictates. I have always felt in my experience the presence of Sri Lalaji Saheb along with Him for His physical care due to His movement on the earth. The services provided to the Divine Personality are always in an indirect form because His descent is in human form to enlighten mankind with Godlyness due to the Divine Sankalp to glorify the era. Surdas, one of the devotee-poet describes in a poem about Lord Krishna. When the child Krishna was weeping, Yashoda (the mother of Lord Krishna) was much perturbed that the child was probably affected by some evil spirit. She was worried to remove that effect so that the child might stop weeping. At the same time Lord Shankar descended on the earth in the form of a saint as Lord Krishna had to present Himself before him in the worldly form on the earth for giving His Darshan (to Shankar). A lady friend of Yashoda informed her that a saint was on her door. She told that he shall cure the child. Yashoda went to the door with the weeping child in her lap. Lord Shankar rattled the Damru (a drum shaped small musical instrument) in His hand and danced in ecstasy being drowned in His devotion and the child Krishna became silent at once. Not only this, whether there might be Yashoda, Devki or queen Kaushalya, God always has made them aware of His all pervasive Virat form at times. Like this Yashoda saw four Brahmands (most sublime realm) in the open mouth of the child Krishna while eating the mud.

Before His incarnation the Lord revealed His Virat omnipresent form to Devki and Kaushalya and then afterwards in accordance with their prayer began to take rest in their lap as a baby. Only then I could know that for the fulfilment of the worldly work accordingly to the Will of Nature, the descended incarnations have extraordinary attraction. This Divine Personality (Sri Babuji) having the complete hold over the power of creation from the infinite Adi Shakti, has been made to descend on the earth for the upliftment of mankind. In His presence, the eyes of the abhyasi automatically started to be closed in meditation. Today I am extremely happy that my pen has been blessed by extending this divine message to mankind.

This eternal truth has ever remained before us that the heart feels and recognizes the descendance of the incarnations by their Darshan (vision), activities and divine attraction. As I had experienced during my Sadhna of idol- worship, I did find that whether it might be a photograph of the Ram or Krishna or it may be an idol, the heart never felt tired or satisfied in his worship. When I started Sahaj Marg Sadhna as directed by the Divine Personality Sri Babuji Mahraj, I felt probably from the second sitting that the heart never liked to end the meditation due to the feeling of nearness of the Divine present in the innermost. Not only this whenever I saw the photo or writing of Sri Babuji Mahraj, it appeared as if my heart is receiving something from Him and the eyes inspite of seeing the photo were closed and thus felt the happiness in the innermost. Not only me but I have heard many other abhyasi brothers and sisters saying that the heart begins to receive His divine grace while reading few lines of the book of Sri Babuji Mahraj. Hence the reading of the book stop automatically from this We have learnt that His each and every line is charged by the Divine Power of His Divine Sankalp. In a very small period of my Sadhna I had written Him in my letter, "I know nothing beyond this that my inner being submitted in your feet has accepted that you are a symbol of Adi Shakti. Your Divine Sankalp for this divine nature that the mankind might achieve God is infalliable. It is merged in your Divine Will. Divine Sankalp is perfect and it shall elevate the inner of the human beings to reach up to perfection. This truth is also eternal which is being affirmed through my experience that 'O', Divine Personality Sri Babuji only the feeling of your nearness has awakened me by reminding the Godly-relation uplifted my sleeping mind and has provided sanctified directions to my tendencies. I have also realized that during the expression of my experience, the pen always goes beyond control. Hence it

comes down in the heart of every one in the form of Reality along with reading and writing. My experience is also a clear proof of the constant feeling of your nearness to my inner-most due to which my inner power has gained faith and has blossomed again.

For undertaking the journey from the beginning to the Ultimate Reality, we are blessed with the spiritual progress along with the divine enlightenment in the inner. This experience has fulfilled His Divine Sankalp our craving for the (Darshan) of your all pervasive Divine Form adorned by Divine Nature and the fomentation of Your nearness shall be available to us. This eternal truth of Divine Descendence shall ever be clear before us for the benefit of all. How much I might write about this self-evident truth that the earth has touched the feet of this Divine Descent capable of filling the hearts with the flow of the divine transmission by His Divine Will Power for the first time when according to nature the era took over a turn and the entire universe drowned in ego and the mankind engrossed in the utter darkness of materialism that there was no sign of their coming out of it. When the pain of the era awakened its head to get rid of it, only then the time of divine incarnation dawned on earth. The earth became blessed, the sky held its head high with pride and satisfaction. The entire atmosphere was enchanted with bliss and the era drowned in meditation submitted itself on His Divine Feet. It was not conscious enough to look up at this divine scene that some one is proffering the blessings with His Divine Hands. It shall definitely come to consciousness when the divine, soft feelings shall touch the inner. He shall be aware of His own self when the heart shall be lighted with the glaze of the divine splendour. Not only this, he shall recognize his change and consciousness when inspite of the touch of human breadth, shall achieve the touch of Divine Transmission. By achievement of His presence, the era shall ponder over that why it has closed its eyes. It should have uttered that, "My eyes are feeling pain without His (Darshan)". Today the eyes of era have been blessed with the Darshan of the Divine Personality of Babuji and drowned in the feeling of Parmananda. It is a clear proof for the Universe that this earth has been sanctified by this Divine Personality.

4. SPIRITUAL ETIQUETTE

I have heard the saying of Samarth Sadguru Sri Lalaji Sahab that if a person who has attained perfection in spirituality, but lacks in spiritual etiquette, I will never accept him as a complete spiritual person. What is spiritual etiquette as accepted by Sri Lalaji Sahab? My pen has come in motion by Divine grace. I found etiquette divided into two parts. The first one is the beauty of external behaviour which is connected with the elevated state of human personality. The second part which has been pointed out by Sadguru is connected with spirituality. The first one can be attained in one's personality by one's own practice and this is external personality. The second type of people are the blessed one who by drowning in Divine, achieved the beauty of spiritual etiquette automatically. The shine of spiritual etiquette can be attained in human life by one's own practice but it lacks stability because our 'I ness' is the base of this conduct and as a result of our efforts, this firmness comes in our personality. The word Tapasya is most appropriate to express this state of external conduct. I remember very well that when Sri Babuji Maharaj was asked, that how to win ego? The answer was, "You can not win ego. Ego cannot be defeated by ego itself." The only solution of this is the submission to Divine. All of us know that our personality which is an outcome of Tapasya can loose its reality because our ego is very much present in the personality itself. That personality lacks stability which has been beautified with deliberate proper conduct and thoughts because the ego is fickle in itself. That is why it can disturb the reality by its fickleness anytime. It is true also because the practice of good conduct is always connected with thoughts. The fineness of conduct is beauty in the development of personality. But this is the result of self practice.

There is a difference between the proper conduct of the above mentioned personality (which is an outcome of self effort) and the expected spiritual conduct from the abhyasi of Sri Lalaji Sahab. The base of one is Tapasya and the basis of the other one is devotion to Divine (Bhakti). It is said that as you think so you act. The practice to refine the personality with self effort is Tapasya in itself which is difficult. The meaning of spiritual etiquette is that the thoughts drowned in constant remembrance start getting connected with divine. In fact, spiritual etiquette is the beauty of God Realisation. And this is easily available to us through

sincere practice of Sahaj Marg Sadhana. There is nothing except the craving for realisation in Sahaj Marg. What type of Dhyān is this? It is to keep our attention connected with divine through constant remembrance upwardly. The remembrance remains drowned in devotion. In this way gradually, the day this craving drowned in devotion since then I felt that according to Kabir, remembrance gets drowned in divine love and get realisation. Nothing can be compared with the beauty of this condition. The devotion based on spiritual condition is the beauty of divine etiquette. The more you will listen, the more fascinated you will become. Hence listen what condition is that? It is the condition of forgetfulness of my being. When I was in this condition of forgetful state, the pen began to say, 'a complete spiritual etiquette may be achieved when ego has been melt.' From that day I could not have any feeling of meditation, honour or insult and thus everything became LAYA in divine. Coming back to these stages was not possible because drowning in Sri Babuji had our craving also got laya in Him. When I became totally laya in divine, nothing remained except this body. The divine etiquette which has been told by Samarth Sadguru is untouched with worldliness. From that time I felt in the research of Sri Babuji Maharaj that because of meditation the mind gradually achieves the concentration and becomes laya in divine (Sri Babuji). From that time divine transmission begins to enter in us, we start having the feeling of balanced flow of Samya Dhara or balanced condition. One thing has also been clear to me that all these divine conditions are all-pervading because they are connected with God. That is when an abhyasi begins to feel the flow of balanced condition in one self, his each and every atom gets brightened with that balanced condition (Samya Dhara). As a result our entire system and living gets drowned in that balanced state. Thus this condition of spirituality is the beauty of this etiquette. I had written to Sri Babuji that "I feel that this condition of the balanced state has become my own. It seems that we both, this balanced state and 'me' are one." You can say like this also that the meditation has brightened the reality of our existence that 'You are nothing' or it has made me blessed by directing me towards the divine condition of negation as told by Sri Babuji Maharaj and that is our reality. In fact Sahaj Marg Sadhana gives us entry in our original condition as (we had come). Now Sri Babuji Maharaj to whom we belong shall accept us.

I have felt that the spiritual etiquette is the soul of spirituality and is submission to devotion. This etiquette is the beauty of Sahaj Marg Sadhana. At the same time, this spiritual etiquette is the openness of the Godly region. We can say that Divine etiquette is of Sanjay in Maha Bharath and Tulsi, the writer of Ram Charit Manas. Divine etiquette is the beauty of soul. This etiquette is a submission to the divine feet of Sri Babuji Maharaj. After this submission the living acquires the divine attitude and divine grace. Having achieved this balanced state pervading in each and every atom, the loving and inspiring message of Sri Babuji Maharaj makes our life blessed by giving us the divine title of a saint.

5. PHILOSOPHY OF SAHAJ MARG IS THE REVELATION OF GOD

Sahaj Marg is the secret and revelation of God and the experience are to open that secret. A surprising idea! The meditation questioned purity “where are you?” The reply was that “it existed where ‘He’ existed.” This is quite appropriate because we can feel the existence of God in pure hearts only. Now it was the turn of purity to enquire. It asked the meditation, “Where do you exist?” The answer was, “I exist all around wherever you look for.” It seemed to be the right answer. There is no progress without right effort and concentration. Without progress there is always darkness whether it may be material world or the spiritual field. As the progress is concerned with thorough concentration so is the concentration concerned with sub-conscious mind. Sub-conscious mind is the God-given printer in human beings. We keep our concentration always firm while crossing an ordinary road. Same we advise to the children to maintain their concentration in their studies to obtain good results.

The child studying with concentration is always taken to be sharp and intelligent. Do you know why? Because the intellect, automatically gets connected with the feeling of submission through concentration in the inner and the man becomes capable of progress in every field. In fact, we are brought up in meditation being quite unaware of it. Once an abhyasi asked Babuji, “If the Samskars are formed by Karmas, then we can never get rid of them.” The answer

was, “No, in the routine of life all activities are indulged in automatically even without any cognizance. Events happen one after the other without any effort or awareness. But when the Karmas go deep in the inner then its impact turns into Samskars, because they get printed in human printer, i.e. sub-consciousness.”

This truth has been revealed to me through Sadhna that Sahaj Marg philosophy is a secret of God. The expansion of divine realisation is also pervaded within it. What can be the secret of God and how it is opened before us? I have got it solved too, through Sahaj Marg Sadhna. The secret of Almighty God is that “How is He?” and “Who is He?” The feelings and experiences gained through Sadhna are capable of bringing this divine secret to light. In fact, Sahaj Marg Sadhna is based on meditation. In this Sadhna Shri Babuji has told us only to remember that God is present in your heart. In the course of remembrance, whatever is felt by the inner is received by the intellect and then this intellect hands it over to thought only then I could know that the experiences are the means of revelation of the secret of God. So many religious scriptures have been written upto today, but they remained mere Scriptures due to being experienceless. They are simply to increase the reading of spiritual literature. Today, this secret has been clear to my mind about the saying of abhyasis that “we do meditate but we feel nothing.” It is because so long the thoughts go on touching only mind and not heart, how can we get the secrets of God revealed through experiences? Now it is also to be considered that how it is possible for the thought to reach up to God by the touch of meditation without touching the mind? Listen, Sri Babuji Maharaj has advised us to keep this thought everytime that “God is present in our inner.” We achieve the happiness of this divine nearness by constant remembrance and by feeling the divine attachment in our thought constantly. Actually our love and attachment provide depth to the meditation and the depth gives the experiences in the effulgence of divine nearness. Consequently the depth of the feeling of affinity or of the ownness turns the meditation in ‘His’ colour. Sri Babuji Maharaj advises us to sustain the thoughts of the Divine in meditation to bring about the direct contact with the Ultimate. Therefore our sub-conscious mind becomes lighted with the light of the Divine-beauty through meditation. Thus our experience becomes more clear and clear. As the glimpses of the Divine- beauty touch the subconscious mind, the experience of only one is expressed, “Girdhar Gopal (He) is mine and no one else.” Not only this, the meditation being enthralled by getting the flow of the

Divine Transmission of Sri Babuji forgets even the thought of itself. When the man gets entry in the Divine- printer himself then how the perceptions of the other might be there? When these two unite together and become one, then I found that the firmness of the unshakable faith shuts the exit door of our inner so that our living or the living of the meditation may remain only with the Divine and it might be silent after giving the directions for the worldly performances. Do you know why? When the meditation and the sub-conscious mind has surrendered themselves to Sri Babuji, then where has the faith remained? Only then I could realise that after being one of these three Faith, Remembrance & Sub-conscious mind then only remains Bhakti. Because of Bhakti this craving begins to say, “You O Babu ji! Come inside my eyes. I shall imprison you there. Neither I shall see any one nor I shall let you do so.” This is quite true. Sahaj Marg Sadhna has drowned me so much in your remembrance that I was captivated in ‘your’ remembrance. And now see this paradox. Your remembrance has washed your print along with Sanskars and has captivated its own Divine in the normal course. It is quite fit and balanced. It is as it is to be. Perhaps the agony and lamentation of the devotee Surdas drowned in the devotion had challenged the Divine, “I shall accept you as a perfect man, when you shall be able to leave my heart and depart” (Hirdaya Te Jab Jahuge - Mard Badon Tab Tohi.) It is to say that the secret of Divine being opened in the light of devotion through Sahaj Marg Sadhna expressed everything as its love and challenge. This very secret becomes clear to us in the form of experiences and realisation. I have come to know this also that there is a limit of sub-conscious mind too. By crossing that limit the thought and meditation become one with remembrance enthralled by the grace of devotion.

Now look ahead the condition of Avadhoot Gati. It begins when devotion itself drowns in Him or we can say that this condition is like an offering of a flower in the holy feet of Divine. Here I have found that the Sadhak or abhyasi gets a glimpse of the first sight of his ‘Beloved’. This is the reason of his loving madness. In this condition in spiritual field if he (the abhyasi) utters something, often it happens likewise. The Supreme saint, Sri Ram Krishna had blessed Narendra with the title of Vivekanand. (Vivek + anand i.e. spiritual intellect plus bliss) being drowned in Avadhoot Gati. Sri Ram Krishna has transferred this condition to Swamiji by touching with this thought that it has been transferred to him. In fact, the force of that Divine bliss could produce any mystic wonder.

Perhaps the devotees of Chaitanya Maha Prabhu drowned in Avadhoot Gati narrated that He abounded in great power and force. In reality the vision of the divine sight is possible only by the sight of divine splendour. How could any one blessed with such a vision sustain consciousness? When I obtained this condition in Sahaj Marg Sadhna while living in the midst of my family, Babuji alone knew how He guided me cautiously. Though He has written that, “If I leave the abhyasi in this condition, he would never think to come out of this condition or to revert to conscious state again. This is why that after enjoying that bliss of the condition thoroughly for two days in the guidance of Samartha Guru, I put him forward further to the natural state of this condition.” Thus he might be blessed with experience and could regain consciousness by the change of further condition. The constant craving for the vision (Darshan) of Girdhar had further guided Meera drowned in this condition. Another super secret which I could understand is that after the laya of Avadhoot Gati, the sight gets entry into the Virat Heart along with the condition spread in Virat and only this state remains in the feeling that, “Wherever I see I find my beloved only” i.e., He is omnipresent and all pervading. Then Sri Babuji had written about this secret, that now you are looking at Him but you shall write further that He is looking at you.” Hence it became more clear to me the Divine Darshan is needed for the Divine Vision. How could this be achieved? Well, when we achieve this secret of Divine or Godly vision through Sahaj Marg Sadhna the next secret of Divine closely associated with it smiles itself. But when? This secret is also unique. It is this that it is not sufficient to get entry only into all pervasive Godly condition because whatever experience we gain by getting entry into any condition, they all belong to that Divine condition only. As He dwells in the inner of mankind, first this secret becomes bright in our experience only then the brotherhood for all abounds in our inner and is felt by the heart. Since then we can not hate anyone. Not only this, the sight of fault-finding gets dissolved in all pervasive state. There after I realised that the saying of Sri Babuji is quite true that when the fault-finding sight comes to an end, the tendency to adopt fault becomes minus. From that time we feel the condition of Darshan of Divine Descendence in the inner and outer as well. Then according to Sri Babuji, after crossing the five circles or, chakras of Maya, an abhyasi enters in to the beauty of spirituality and gets entry into the sphere of Divine-Power. In other words it opens another secret of Sahaj Marg Sadhna as if it begins to make us powerful by its all-powerful Darshan. Another reason is this that Divine Power

which is in five chakras inside the man, becomes our own by their effulgence. But we do not feel their power. Due to Laya-awastha we begin to feel the Divine-expansion of Divine condition. After getting the experience of the mystery of the power beyond five circles of Maya, the realisation of the blissful divine presence of Sri Babuji makes it clear that the opening of Sahastra-Dal Kamal has started. It was a mysterious Divine secret as if the silent devotion was attached with all conditions and had been quite close to them like a friend. What friendship is called? What condition is this? Only this much is coming in this pen that now the “AVYAKTA- GATI” was very near. Yes, one more experience became clear to me which merged in each and every particle of my body suddenly without any effort and that was “ANAHAD-GATI”. I had written to Sri Babuji about this. “In each and every impulse whether it might be of my heart, pulse or breath, the word ‘OM’ only echoed there and with a little attention it could be heard. It appears as if this word ‘OM’ had become the centre of every sound.” His answer was, “It is a matter of great happiness that your each and every particle of the body is reciting the ‘ANAHAD’ word ‘OM’, ‘OM’ is the expression of Divine Power. It seems that God has given you entry in all pervading conditions.” Then I could understand the song of Sant Kabir drowned in devotional experience that the drum of ‘ANAHAD’ is being beaten. The word drum expresses the all pervasiveness i.e., in each and every vibration the power of ‘OM’ is pervaded. Sahaj Marg has very emphatically expressed this mystery that God is all-powerful. It is said that there is life in experiences. I hope that the life of my each and every condition shall vibrate the craving of God Realisation. Sahaj Marg Sadhna has descended from above or it can be said that it is connected with the Divine naturally. So in the beginning of this Sadhna, the power of the dormant inner gets the vibration of the transmission from Sri Babuji from the very first sitting. This is why there is no retardation in further progress. None feels tired. The attachment and craving makes the abhyasi restless and the steps in the spiritual field always advance ahead.

Now let us see further that after crossing the circles of Maya, the spiritual progress becomes speedy itself. I found that the experience expands itself. Perhaps, this is to express that it might not get inclined to sleep because the path ahead is clear but is hard to follow. The entire progress get laya in the greatness of Almighty, then who can keep him in the awakening state. At once the smiling face of Sri Babuji shines in the Divine light and the experience gets enlightened. After this

appears the vision of Brahma-Randhra. Though being without any effulgence due to power, it was not willing to permit anyone to pass through it. But the poor one did not know that the Divine-Personality capable of transforming the era has descended on the earth, who is the complete part of the power of Creator and is the bestower of Sahaj Marg. Why Brahma-Randhra is supposed to be so tough to cross? Sri Babuji has explained to me the reason of it and enabling me to crossover it which is the exit and entrance both of the soul. It is due to this that yogis and saints can not cross it themselves. It is said that the soul of yogi quits this world through Brahma-Randhra. Do you know why? The motherly affection of Sri Babuji expressed that when the doors of the home may be in front, the soul would automatically like to go there. Sri Babuji alone has the unparalleled Divine capability to facilitate the abhyasi to pass through the difficult passage of the Brahma-Randhra. He has given an apparent signal of the supremacy of His Divine Sankalp to take all abhyasis to the Ultimate by crossing it under the flag of His Divine Power. His Divine Sankalp shall always be ready like an alert guard to make the abhyasi cross this centre of superior condition i.e. Brahma Randhra. His daughter brought up in Divine Research receiving the flow of power from Him, is always ready to serve the abhyasis as a preceptor. In order to touch all the stages of Anant-Yatra from the beginning to the end, His grace has made His daughter capable and has brightened the glory of Sahaj Marg. Why is it so? The touch of His Divine Presence is available to all at every moment, every step and at every stage. For the awakening of the era His Divine arrival has attached it so that the earth has automatically surrendered all at His feet. The reason is “Sahaj Marg is that Divine lamp which is enlightened by Sri Babuji. Every heart is a moth and all are bright with the condition of Sahaj Marg”.

**(Sahaj Marag Hai Wo Shamma Jo BabuJi Se Roshan Hai !
Hain Parvane Yahan Har Dil Sahaj Gati Se Ujare Hai !!)**

How many and various types of secret have been revealed through Sahaj Marg? Then what is left over to the pen to express. The inner gets laya totally in Him and the Brahma- Randhra is crossed to go forward. We become wholesole of Turiyavastha. The flow of the swimming takes that very direction towards the destination due to Divine Sankalp with Bhooma i.e. Ultimate. All of a sudden I feel the vibrations of the Sankalp and the consciousness regained from the remains

of the remainder achieved Turiyavastha which was stable like Divine guard of the seven doors of Bhooma. It faced seven doors where there was light lost in darkness in the state of Tam. There was the condition of lifeless life. Turiyateet awastha is the attraction of the Adi Shakti, before the seven circles of Bhooma. This is why the power of Bhooma takes the abhyasi here with the help of Sankalp of Sri Babuji. In fact, this book is concerned with the complete research of Sri Babuji and is before us now in the form of complete teaching for those who have been prepared by Him to benefit mankind with spiritual service.

Sahaj Marg Sadhna is the base of Realisation. Due to Sankalp of the Divine Personality Sri Babuji, it is quite simple and easy to follow. We feel all the time in our daily life the omnipresence of God though we remain quite unaware of it. Every person feels it in his daily routine. The 'meditation' in Sahaj Marg Sadhna has revealed this very well. On close observation we are found busy among ourselves in two words only. We use words 'I' and 'you' all the time. One day I felt that only the supremacy of the expansion of 'you' i.e. Divine is there always in the daily routine of our life. In this way in our daily conversation there is unknowingly the pervasiveness of God only. Then I could realise that 'He' is the real life of our life which we have forgotten. One day I was busy in conversation with someone. I was using the term 'you' in addressing him. At the same time that person was also addressing me as 'you'. When the Divine Master introduced Himself in this way I was wonder-struck. I mean to say that we are living in the domination of 'He' that is God. He is dominating. That Omnipresent is pervading in our life in such a way that we forget and exclude 'Him' from our mind and thought but His all pervasive love or He himself is pervaded in our daily routine of life as well as in our language of daily conversation. I was amazed to realise this mystery of all-pervasiveness. The day when we get absorbed in Divine, forgetting body consciousness then His nearness bestows us the experience of His love and all-pervasiveness. The day I had started Sahaj Marg Sadhna from His Darshan (Vision) in human form as I have written in other books too that the loving sacred form sitting on a chair was gradually vanished itself in meditation. I did sense that the experience is defective that by giving the entry into the condition of (Darshan) it (meditation) gets vanished in the Darshan itself. Reality then opens the mystery itself in the form of the experience of the Divine or Divine Personality. That reality accompanies upto the seven doors of Ultimate Reality. Then as I have already

expressed that those seven doors begin to open their condition one by one. I have got this deep secret open that since the Reality itself by revealing the Divine secret provides us experiences it becomes necessary for the pen to write that Sahaj Marg is not only the secret of God but is the secret of Ultimate Reality now. In order to brighten the Ultimate Reality of this Ultimate Truth, I have seen that the Omnipresence of Sri Babuji Mahraj with His Divine smiling face is there to brighten and grace it. The pen gets absorbed in writing. Now what could the pen write further when the chapter has become totally changed.

Now when the chapter is changed the subject matter shall be dealt in a new direction. Sri Babuji Mahraj has also written the names in His book first the Sub-conscious mind, second Super-consciousness and the third Divine consciousness. The capability to write down as per His expectation has been bestowed to me by my all in all Sri Babuji. First is Sub-conscious mind. This has been dealt within my book. However, please note, in a man it is like a printer. Whatever thoughts are deep, they get printed on the printer and take the shape of Sanskars, and we have to reap their consequences. When I wrote to Sri Babuji that I was blessed with the (Darshan) of Sri Ram, He congratulated me and said, “There will be a day when God shall bless you with the condition of real Darshan.” While drowned in the meditation when I got the truth of His saying descended in me I found that, that Darshan was the print of photo of Ram. When I got nearness of Ram that splendour did not match with any other photo, but that was all pervasive with Divine splendour. Then I could understand the meaning of those lines, ‘we become ‘you’ as soon as we know ‘you’. (Janat Tumahi, Tumahi Hoi Jayee). The second one is the supreme spiritual state Super-consciousness. I felt this when my Laya awastha was taking place in the vicinity of Godly-region. When I asked Sri Babuji, “When a question was put to me by someone, it seemed to be directed upward somewhere else without any impact on my mind. While the answer comes from my mouth, I feel surprised to hear that.” He replied, “I feel happy that now you are getting the touch of the Super-conscious mind very well.” People think that God has no mind therefore He could not hear us. How innocent they are? This is how probably they misguide others not to have faith in God. But the reality speaks itself. It clearly affirms that the man is afraid of the consequences of Karmas that he had to undergo and not of the Karmas. I have heard many people saying that God is nothing, we do not believe God. How ridiculous is this that they believe in

the existence of God but do not accept Him as such. This would mean that they indicate that God is but they do not recognise Him as such. You may not believe but I do. Though people accept God but they say there is no God. Another fact is that whether we may accept Him or not, remember Him or not, but He accepts us and remembers us. Whenever we are in misery or pain, we utter unknowingly “Hey Ram”. He therefore reminds us that we are not alone but I (Ram) exists in you. Not only this, the sudden expression of ‘Hey Ram’ gives relief to some extent.

The next one is Divine consciousness, which begins when Sri Babuji dipping the identity in the centre of the Godly power establish it on Satya-Pad. Since then the Divine light coming from the Centre-region or the region of Divine glory becomes our own in the form of Divine sight. We feel Divine eyes and Divine sight become our own. Now further there is no possibility of any experience. As Babuji Maharaj says “Feeling is the language of God i.e.. instead of any experience the Divine consciousness becomes the blessing of the Divine sight. For in further stage there is no scope for experience in swimming. Whatever indication is contained in the Divine language by the Divine Sankalp of Sri Babuji and how the Divine sight expresses them so carefully is known to Sri Babuji only. How His Divine Research gave the recognition to the Brighter World i.e. by giving the touch of the Divine Bliss of the land of liberated souls. How He gave the touch of the main centre point of Centre-region and by a jerk of the Divine sight of the Inner, introduced it (Brighter World). Whatever vision has been achieved by the Divine sight I have tried to put them before all, through diagrams. Though it is impossible but whatever depicted realisations of give and take between the Divine Consciousness and the Divine Sight is simply an attempt to point out this deep Divine secret. In fact, the Divine consciousness pervades in the inner of Divine. Today Sri Babuji has descended with the Sankalp to take the mankind to the Ultimate Reality. Hence He felt the need to open the Divine secret to bestow the Divine sight along with Divine consciousness, to us. It is very difficult to describe about Divine region and this was almost impossible without Divine Consciousness and Divine sight. I experience now that actually there is no vibration in Divine consciousness. Sri Babuji Mahraj has advised to sustain constant remembrance (towards God) from the very beginning in Sahaj Marg Sadhna. I feel that the touch of every stage of our reach to God is achieved by our meditation and that enters in our inner through feeling. In the same way the Divine Consciousness becomes alert

itself by getting the natural vibration of meditation. Absorbing in the condition of God Realisation our sight loses its own self and adopts the colour of Divine. Hence this condition has to take place that the remainders of the remain were hidden behind the curtain. I can say only this that there remains the expansion of the Divine Consciousness alone. What a Divine miracle is this? To deal with the world, the mind is there but the vision of the Divine region is managed by Divine Consciousness. In this way in order to reveal the Divine secret of the Ultimate Truth after God-Realisation, Sahaj Marg has glorified this Divine Sadhna or path by Divine Consciousness. In reality Sri Babuji Maharaj alone is the real soul and life of Sahaj Marg.

6. DIVINE RESEARCH

Which pen can have the efficacy to write down the speciality and the aim of the Divine Research of Sri Babuji along with its minute details and exceptional peculiarities. Now I have felt that by the support of the Divine Will of Sri Babuji the addition of the word 'constant' for my writing is His Divine miracle. I would like to clear it now before all that the spiritual research on me is a Divine invention of the journey up to the Ultimate. By the Divine light of His Divine Research, the appropriate diagrams denoting every condition being revealed before me, my pen is submitted to His Divine feet and is prepared itself to write down now.

We find that every research in the world is always useful to and for the benefit of everybody in every direction. Today, I would like to write this foremost aspect of our Sadhna that this Divine Research is simply a single link for the fulfilment of His Divine Sankalp. During His research in the Infinite journey of spiritual field full of experiences, I have felt that the intricacies of every condition of which we abhyasis are unable to cross through Sadhna, are removed by melting them with the warmth of nearness of His Divine Will. So the further path becomes smooth and sanctified by His Divine attraction. I have forgotten all about my Sadhna. I remember now this much only that since I have found His physical (Darshan) that has entered in my inner in such a way that all the intricacies were coming to an end and the transcendental bliss pervade inside. That physical Divine

beauty by giving entry in His Divine beauty carried me then in its all pervasive form. It means that through His power and research, He gave me the vision of Mind-region after making me to cross over the Heart-region and thus gave me a Darshan of Hiranya- Garbha. After that journey He had given me entry in All-powerful Godly-region. Not only this I found that His Divine love did not stop even for a breath and immediately established me on Satya-Pad. [This (Satya-Pad) is also His own research]. My condition absorbed completely in His love was always out of my hands. I felt that His Divine Will from the Beginning to the Infinite journey had taken me from myself but had left its presence (Divine Will Power). I have been realising His grace with the aim to teach mankind along with His Divine Research. I have found that in the search of sixty-four points from the beginning upto the end of Infinite Journey, He has revealed the subtleness of every condition in His research. This was also in my experience that enriching me with experience devotion and power of every condition. He was preparing me for the training of others and has brightened the way of Divine teaching in this way. Would my pen be ever fortunate to present the technique of that research of Divinity drowned in His love? It had been blessed being drowned in His description or it has almost forgotten itself in writing about Him and getting His (Darshan). This is my prayer to Him that all the readers may get entry in to the doors of Infinite Journey being drowned in devotion and flowing with Him after reading it to make it blessed. Brothers! get up to feel at His pious vision of His Divine Research that the Laya-awastha drowned in the depth of devotion and with acquired realisations blends to consume the Divine ocean. Then my Babuji had written, **“This is that condition that one may consume thousands of ocean of Higher conditions but the craving for more and more must be expressed from the mouth.”** He wrote further, **“This was such a supreme state that thousands of spiritual empire could be offered over it, still it is little.”** Further he wrote, “Fanaiyat (Laya Awastha) is the etiquette of spirituality and the Divine splendour is the etiquette of Divine Beauty of the abhyasi.” Through His Divine Research we get this experience also that Fanaiyat (Laya-awastha) is the etiquette of spirituality i.e., it is the life of sadhna and Divine Beauty is the etiquette of Sadhna. When this experience becomes our living, the Godly light coming out of it spreads all around. Only then we are called real abhyasi.

Let me explain this further that when the Divine meditation of Sri Babuji makes the abhyasi totally absorbed in devotion and meditation, then these lines of my song express automatically the feeling as such “they are lost themselves who have realised Sri Babuji. The worldly outer ego drowns in meditation in such a way that it loses its identity. I found that while existing in the physical body it forgot its name, but it was a wonder that when it was addressed by name the physical frame responded and acted accordingly. Now I could understand this condition now. Wordly mind (Adhomukhi manas) is the real doer as it operates all the activities of the body. I am surprised to note that till we associate this mind performing daily routine of life with the body or call body as ‘I’, then this ‘I’ the doer in between ties us with the bondages of Karma. But when we achieve the accurate place of Divine state by meditation, since then we become free from the bondages of Karmas and are reared up in the feeling, of self realisation. In Sahaj Marg Sadhna our Babuji, through His Divine Research of meditation of God on the heart has bestowed the sanctified state of Self- realisation. He has inspired me to portray this inner happiness of spirituality.

On the second stage of meditation, “I found that however one might attempt to insult me or how much discourteous or derogatory words might be used against me, they had no effect on me. But whether it might be in the letter of Babuji or some one might praise me, that touched me in the depth of my inner, because the inner feels happiness by hearing something anywhere.” Sri Babuji wrote to me, “Daughter, you have given the answer yourself that Kasturi is still alive somewhere. I tell you that the gross ego which is associated with the outer is easy to be conquered, but the inner subtle ego melts by drowning in Divine meditation only and then we get rid of it. It is concerned with the soul hence it is not only difficult but rather impossible to overcome that. This higher condition is achieved by some rare one who is thoroughly devoted in devotion and when the guide happens to be so capable to bestow such higher condition. However, through the research of my Babuji I could easily attain this condition because according to Sri Babuji Self-submission is the life of Sahaj Marg Sadhna. I could know the reality of this during my period of Sadhna quite clear that “I am yours alone”. I tried to keep this feeling in my constant remembrance during all the activities. Whenever I was attracted towards any article, flower or fruit my mind always tried to associate itself with Sri Babuji that those all are linked by Him. When this practice turned

into real condition i.e., when this condition became my normal state automatically the thought of longing anything vanished. I felt that not only I but also His loving eyes visualised everything from my inner. Now tell me that which I had not seen nor heard how could reach my heart? I did know the reality of Laya-awastha of this feeling that Sri Babuji had blessed me with the most auspicious condition when the soul got laya itself in Parmatma-Tatva. So that the subtle ego can get laya in Divine meditation while writing my inner condition to Sri Babuji being fully absorbed in love, it prayed and begged that He may quickly bless all His abhyasis with such a time when the people suffering from the worldly sorrows might enjoy the blissful state. In the Sahaj Marg of Sri Babuji the meditation has itself submitted its own-self on His feet in the form of Divine offering. Cleaning and prayer which were helpful in the beginning of Sadhna in meditation were also offered on His feet. Then it began to adopt the Divine colour of that Divine Beauty itself automatically. In this way our connection of meditation completes the first chapter of His Divine Research and afterwards becomes drowned in the centre point by the power of Heart-Region. When the supreme power of main centre of Heart-Region is united with the progress of we abhyasis by His Divine Will, then the inner power blooms or gets awakened and comes to consciousness. Since then I have felt that our Sadhna gets double-power. Another Divine wonderful fact is this that the meditation getting the touch of the Virat Divine Heart, we find the connection with Virat-Gati as well.

It forgets us in such a way as if it had never seen us before. How could it sustain its remembrance? When the Godly Virat of the 'Beloved' spread all around achieving the union in the Mind-Region written by Sri Babuji, loses its remaining capacity to remember. Since then the greatness of that higher condition and the Sadhna drowned in that state brought in me by Sri Babuji began to fill its consciousness in my feelings. It seemed as if the creation is the expansion of my power and the entire power is within my control. Sri Babuji Maharaj had written to me, "Your experiences have become the evidence of my research." Mind-Region or Hiranya-Garbha is the active centre of the power of creation of this universe. That is why there appeared some difficulty in giving you entry in this region because the flow of the power of creation is downward and I have to take you upward against that creative-power. So I give you entrance in this Region (Mind-Region) by taking you in my Divine Will and give you stay in it so that the journey

of this Region can start. It is indication towards me is for the Divine- training which I shall perform with all my sincerity. Because for the fulfilment of this Divine expectation by the teaching of His Sankalp and His Infinite-Journey, I have gained the support of His Divine Will-Power. He kept the expansion before me so that I can stay in Godly-Region. Look at the grace of this stay. This stay permits the entry in this Region when the person forgets that “Who is he” totally. This condition of Godly-Region appears only when we are entirely got laya in Godly-colour. Not only this, hearing the voice, “Kasturi! come here,” my ears heard, “O! God, come here.” This unique and superior condition has become feasible to me due to the effect of the descendance of Divine Personality Sri Babuji on the earth. This secret of the spiritual field had been silent upto now because for taking up to this Divine realm one by one step and bestowing the fortune to be absorbed in the conditions, the teaching of Sahaj Marg has arrived on this earth for the first time. The glory of His teachings and the details of the spiritual conditions of Godly-Region are bestowed to me in the form of experiences as a Divine offering through His teachings alone. To-day my pen has become capable to portray the descriptions full of experiences of this Godly Region. I stood wonder-struck being one with the condition of Omnipresence and Omnipotence in the Godly- Region. I was quite unknown there was nothing except God. What that Divine scene was contributing to me, because. What could I say then that whether that Darshan was mine or of all in all of my life God? Babuji was before me. I found one mere Divine secret also in the Divine teaching or research of Sri Babuji, that having attained the perfection of Laya-awastha though for a moment, I found the Vision of main centre of His Zat or of that Truth quite separate. Was that very moment when suddenly Sri Babuji Mahraj had blessed me with the fortune to have a Darshan of this Divine right of the deep condition of this Godly Region. Today while writing, that Divine scene again is spreading before me and is making me lost totally. I saw that in a twinkling of an eye Sri Babuji Mahraj look me out after giving a dip in the centre of main Godly Power lovingly under His care. It seemed as if a new born child bathed by the Godly-Power was prepared same like that. Then I could know that the sixteen circles of ego were got laya in the Godly-Power. It is heard that there is no ego in God. That is why He is alone and is only one, then how His power had tolerated two? Now whatever remained was identity shining with Godly-power, had become fortunate by the Divine touch of Sri Babuji. How can I present Divine, unique and loving perception of His grace which He has bestowed me here through

His research and from where I can get words to pen it down? Only His Divine teaching and expectation has bestowed me the capability to write down this reality. Now listen, the offering of the achievement of that where there is one and only one has been bestowed to me by Him and then gave me entry in the Divine Sankalp. After this He established me on Satya-Pad and stay with me. For giving me the further vision He gave the feeling of separation for a moment. In this way He established me on Satya-Pad in the Centre-Region, the realm of my glory and the experience of His wait had made me forgotten everything. I found that the main stay is the spiritual steps of many experiences advancing towards progress, because there had been no stoppages in our movement due to His teaching. Now let us find that where was the stay of Satya-Pad when there was only Laya-awastha in His wait.

All of a sudden my Babuji brought forth the Divine message of my entry to the Divine realm spread before me. I was awakened by my consciousness and I found the simple face of Babuji with Divine smile on it. I felt that taking my identity in His Sankalp, He started swimming. Today I have come to know this Divine secret also that identity which is alone can never move further without any support of any one. It is so subtle that there is no scope of anything else, neither of desire nor of Sankalp .Perhaps, this is the reason that none have attained this Divine condition up till now. It is so because none had incarnated on this earth with the Divine Sankalp to complete the Infinite Journey up to the Ultimate Truth. What a peculiar Vision of this Divine Region that the swimming of identity is in the Sankalp of Sri Babuji. O! my Babuji! You have descended on this earth for all with the Divine Vision along with this Divine condition. So please bless the mankind soon. I realise one more reality here that in the further swimming the meditation itself gets Laya in Him leaving us totally. Since then His Divine attention turns towards ourselves which is for us all. From that time our condition becomes so powerful and gets laya in Divine freedom i.e. the condition of being liberated in this very life so called Jeevan-Mukta-Dasha bestowed by Him.

Not only this I have come to know in the search of His Divine Research that in the journey of this vast Centre Region of Divine glory, the first and difficult place is designated as Brighter-World. This is the incomparable place of the blissful swimming of liberated souls. The Divine etiquette of the Divine

Personality Sri Babuji Mahraj has made me in deep love with Him. Do you know why? Because whatever training of Divine Research He is imparting to me before all has made me acquainted with the training and principles which have been felt here by my Babuji, shall always impart the training of excellence in living to the coming generations. When that unique view is before me for writing, I am realising the reality of His Divine training. I am completely offered at the Divine conduct here. It is the place of blissful living of liberated souls so called Brighter World and how He makes me cross this to take me beyond that. Please listen this Divine view which He has given me for training. He takes me in such a way by giving only a touch of unseen and unknown boundary that we may be getting the smell of the condition of entry and might be totally under the guidance of the power of His Sankalp. Why he did so? So that the touch of that power and perception, the other abhyasis might be Divinised by the lively training of His Research. Further, I have noted this divine wonder of His training that our swimming also advances constantly side by side.

I have found the extraordinary importance of several Divine points also in His Divine Research. This fact has been revealed in one line of my song. “The great empire of ego has been captivated in sixteen circles. (Bandha circles mein Aham Milkiyat, Vo Kya Kahiye).” Was it ever heard that the human ego was imprisoned in sixteen circles by some Divine being? Do you know why? It is the clear expression of His wonderful calibre to make His Divine Sankalp graceful and perfect for us. This is the Divine miracle of Divine Personality having the complete mastery over the powers of Bhooma. How admirable and supreme is the Divine path of Sahaj Marg. In order to guide and take the abhyasi upto the Ultimate Reality, His Divine Research has discovered sixty-four points step by step. He has given His support of Divine Will that the abhyasi may not feel tired. This is why due to His Divine Sankalp, He takes abhyasi higher with Divine attraction too from the Beginning to the Ultimate. I have expressed the experience of this Truth in the line of this song, “He is standing to invite me in His own realm of Bhooma.” What a Divine view He has given is in front of me. Listen in the enthralled lines of my song, “My eyes were brimmed with affection when I saw Him in such a way as if the love of Babuji had extended its arms to gather me.”

**(“Dekha Jo Unko Palak Bheeg Gaye The Aise
Dular Babu Ka Bahen Pasare Tha Jaise”)**

Listen further now, “Sandhya heard at each and every step that ‘You are mine.’” (Sandhya Har Dhun Mein “Tu Hai Mera” Ye Suna Hamne)

There has been devotees to realise God since ever but can you find any one for whom Divine Himself is restless to meet saying “You are mine”. Why not? When He remembers us the heart of the earth becomes sanctified by the holy touch of His Divine feet. Sahaj Marg Sadhna has directed me where the Divine Himself drowned in your remembrance waiting for you all along. It is only then that it is quite blissful for we abhyasis to keep Him in our Sadhna of meditation. By keeping Him in our constant remembrance that “He is living in my heart”. I felt that we begin to feel the touch of Reality through practice as much as our meditation becomes deeper and deeper. The effect of ownness i.e., “He is mine” has increased the devotion or craving to meet Him much more. In the progress I feel devotion achieved the fomentation of Divine nearness in the inner, the bondages of Maya begin to melt so the expansion of devotion pervaded in each and every atom. Each and every atom of body becomes restless to realise Him. It appeared that my mortal frame being here, I was living in His realm with Him. This condition of Salokyata has melted the remembrance of remembering Him has made it Laya totally in Him. Afterwards I feel that it started to become Laya (merge) in the living of His realm in His own presence. Why? Because He is only one and one. I feel Him alone in my of meditation by getting the touch of reality of meditation. Consequently I became free from all the material bondages and beyond the consideration of the body I had become His own form only. He was in my vision, touch and even the form too was transformed into Divine. Getting this condition I become fully drowned in this Permanand that I become He. This is the condition of Sarupyta. By His grace when I saw further then I came to know that He blessed me by the condition of Sayujta. Thus He prepared me for Godly Realisation. His hands have prepared me for writing all the conditions in this book. In order to express each and every experience through His Research whatever He expected from me, that all has been imbibed in my writing as a Divine blessing. He has very well justified the truth of, “dumbs to be vocal” in my writing. Moreover, He has put the crown of writing over the head of His innocent daughter justifying the Godly grace

in it that “The deaf could hear, the dumb could speak and the poor could walk as a king with a crown over the head.”

Having attained His perception this pen is not willing to be silent at all, as if it is not in its own control. In other words it is revealing the depth of the Divine love for all submerged in His Virat Heart by the Divine Research of the Divine Personality. I wrote to Sri Babuji about one secret which I got revealed in my own condition. “I found that each and every particle of my body is scattered before me and every atom is being sanctified in the Divinity. It appears that every cell of my body has separated itself from the body and surrendered to you itself. It is all simply to show you that every atom reveals your existence entirely and they all are submitted to you.” Sri Babuji replied very lovingly, “Your surrender has become complete.” Perhaps in this way Divine Incarnation also has opened the Divine submission of His big heart and the depth of His Divine love for all. One reality of His Divine Research is compelling me to write down about myself that when we begin to feel the condition of complete surrender we have been fortunate to achieve the Divine grace I found in the experience beyond the limit of the progress that the meditation becomes quite away even from the touch of the earth (matter) also. I felt this then that while walking my feet never felt the touch of the earth. I had written to my Babuji that “I could observe my mortal frame moving on the earth but through the eyes of Sri Babuji from above somewhere.” Which pen could be so fortunate as to portray such a unique condition. Had it been possible some where it must have been mentioned and brought to the notice some how. My Babuji replied, “Being constantly absorbed in meditation you have been Laya to whom you were devoted. Your existence is now in Divine instead of body because you have achieved Laya awastha.” Today my book has kissed the grace of this pen because it shall also attain the blessings at His feet. There is a definite reason behind it. No incarnation has ever descended from the main realm (Bhooma) of the creator up till now. Therefore how could the depiction of treasure of precious jewels of Divine experiences be traced here. The epics like Geeta and Ramayan are available to us along with the experiences of Divine conditions of Ram and Krishna in writing. We have sung them and felt the happiness as well. But the power of Bhooma or Ultimate had always been silent and was remained in its own centre. How could that be perceived? Today the touch or the vibration of the infallible prayer of Samartha Sadguru, the spiritual giant Sri Lalaji Saheb breaking that ever silence

for the Divine mission of transformation of era for the welfare of all has crossed the limit of the Infinite barrier and thus has made Sri Babuji the part of the glory of the source of that Infinite, Adi-Shakti; Bhooma to descend on the earth. All the four sides of the entire atmosphere were awakened. The glorious earth was puffed with pride and the sky high above was happy to find its original bliss. Even the liberated souls absorbed in constant bliss were intoxicated and enthusiastic. They remained wonder-struck with devotion looking steadily at that smiling face of Sri Babuji Maharaj. The Sahaj Marg brought down to earth by Sri Babuji has awakened to squander away its power. Even the earth seeing the Supreme Divine for the first time was drowned in the feeling of Divine Touch in its heart. When through His Research the experiences gained are scattered before Him opening their heart, His Divine Descendence has collected them all in this form of my books for the welfare of the mankind. It is quite true to say that He has Himself motivated my pen to present the experiences drowned in His Divine Teaching. Do you know how? By removing the misfortunes of the mankind and bestowing them, the moral good intellect to sustain the right conduct has embellished this simple way with Divine Godly light and has presented before all through the Sahaj Marg system. Then He has imbibed my progress with His Divine Power also. Sahaj Marg Sadhna founded by Him is unique due to its being Divine. His Divine Research is not only a Divine Teaching for the mankind but it has opened the doors of the Infinite Journey through it. In the beginning its movement or progress appeared to be slow but afterwards I became so restless for the speedy progress so I wrote to Sri Babuji about my condition. Gradually bondage of my 'I'ness begin to remove. After this journey of the Virat has crossed the limit then I wrote it to my Babuji repeatedly. The barren condition spread before me. It seems that it is endless. In fact, when I progress in Sadhna I realise that there is nothing like Sadhna but it is offering our self to Him. After wards in the place of Sadhna we begin to feel His Divine nearness. Since then I come to know that through the help of Divine nearness, Sri Babuji has named them as points and has kept them under His complete guidance for the quick transformation of we abhyasis. I have come to know now that his worldly life the training of Infinite Journey may not lack behind. In this way He has taken the whole humanity entirely in His hands, He has showered inspiration of all the spiritual conditions and power of that place as blessing at times for all and shall be doing so in future too. So I have always been filling His every Divine blessing after its achievement in my abhyasi brothers and

sisters. I have safely placed them in their hearts along with the prayer to Sri Babuji. So that it shall enable them to adhere to His divine feet for their progress being energetic from His Divine offerings. Not only this, now I can say that the Divine rays of Divinity from the Divine Personality are spreading in all the ten sides of the Universe. Consequently there shall be the expansion of Divine sanctity in the entire atmosphere gradually. As soon as I remember about my experiences of my Sadhna, the sentences which He quoted in my letters become expressive even today with the Infinite bliss. I had written to Him, "I do not know what has happened to me that if I touch my body intentionally still it is not felt. Whenever I am called by name, the body responds accordingly but I never return from my condition. It seems that the realm of Divine is my dwelling place. The Divine touch is spread as being my touch." Sri Babuji Maharaj replied, "It is a matter of great pleasure to me that I do not meet you whenever I recollect you. You have been blessed with this sanctified Supreme condition of Divine Sarupyata by the grace of Sri Lalaji Saheb. You go on imparting good news of your advancement like this to me. May God bless you." He embellished His boons with His Divine Power of His blessings. One day when this supreme condition of Sayujta was also (Laya) in Him, I wrote to Him, "Just as a body of a dead man floats at the surface of the water, my mortal body has similar experience." Sri Babuji replied, "What should I write? After attaining the complete Laya awastha in Divine, the last final state of Sayujayata (oneness) i.e., the complete Laya awastha in Divine has come itself in you." Moreover when I got laya in Divine and when He brought me out after dipping in it. I was wonder-struck and became dumb to express anything. First the Divine Will of Babuji bestowed me the consciousness to write. I wrote to Him, "I could see only Divine all around me." His answer was, "Whatever aim of Realisation of Divine I have bestowed to abhyasi in Sahaj Marg System, that is the same superb Divine boon which has taken form of the condition in you." Now what and how can I write about the glory of the Sahaj Marg on account of His Research. Today the Divine experiences of higher conditions are clear before me in such a way as if His Divine Research has become the centre of His Divine Teaching in the span of spirituality. This blessing is not only for me but for all preceptor brothers who are associated with our Babuji and are engaged in the service of abhyasis through His Power. In fact His Divine Research is the Darshan of Ultimate Truth. All the obstacles in the path of progress up to the Ultimate Reality through my Infinite

journey have been removed by gaining the blessings of Divine Research of our Sri Babuji for all and for ever.

The condition is so clear that there had been “No Maya (Illusion) or fear. Neither there was any curtain to hide nor any doubt of any kind. How can mirror reflect my face. You are in me, I cease to exist.”

**Koyi Maya Koi Bhaya, Bhrama Na Raha,
Koyi Parada Koyi Sanshaya Na Raha,
Aaina Shakla Meri Kya Jane,
Tu Raha Pas to Phir Main Na Raha.**

7. EXPERIENCES TURNED INTO TEACHINGS

Sahaj Marg is the vision of Divine realm. Anant-Yatra is the philosophy of the realm of the Ultimate Reality. The Path of Sahaj Marg Sadhna is lighted with Divine light and is carved by the Divine Will of Sri Babuji Maharaj. It is united with the Ultimate Bhooma in the form of offering of His Divine Sankalp and Divine descendance. Sahaj Marg Sadhna is the stability of thought that ‘Divine’ is present in the hearts which is a ladder drowned in the Godly flow of Sri Babuji for all. The support of His Divine Will is the glory of His Divine Research which makes us all abhyasis capable to achieve progress speedily in the spiritual field in every way. This Divine Will is revealing the Subtlest Divine secret for all through its Divine Research. I have realised this truth myself by descending down in the depth of the search of main Divine regions or upto the every sphere of Ultimate or of my Anant-Yatra from beginning to the end. The experiences gained through them have become Divine teachings bestowed to me by Him for the service of abhyasis. The depiction of every realm of Anant-Yatra from the beginning to the end, the experiences of every condition is opened itself before my eye like a picture now even after a lapse of 58 years so that I might assess very well that to which state of sanctity and subtlety of condition might be required to serve my abhyasi brothers and sisters to serve them successfully in the most efficient way. This is His teaching for me and a sincere true message of Divine love for all which He has

presented through my experiences for every one. Look at this hidden mystery of Sahaj Marg Sadhna that being effulgent with Divine Power, it is connected with the Divine presence in the inner. Perhaps this is His Divine grace so that abhyasis might feel the proximity of God and the heart might be thrilled with the craving for achievement of God. Our desperate power of the inner and scattered faith might become powerful with the support of the Divine Power. The perplexed intellect might awake the proper thinking and right conduct by getting the right direction. In this way we shall become like a living idol of Divine etiquette. Not only this it might shatter the gross darkness of materialism by melting it with the heat of Divine light spread in Sahaj Marg. Our entire inner shall be sanctified with Divine radiance. Today it is already being felt by the abhyasis fully devoted in the longing of God-Realisation. Perhaps this is the reason that He is quite firm about **His saying, “One day this Sahaj Marg System shall reign in the Universe for spirituality.”** I have also felt this by the experiences of Divine conditions achieved in Sahaj Marg Sadhna. It is essential to tell that Sahaj Marg is not a teaching of ‘Do’ and ‘don’t’. It is simply a Divine technique of Sahaj Sadhna chiseled by Sri Babuji to achieve God after Realisation. No doubt the devotees have achieved Realisation and have enchanted songs being sub merged in infallible conditions of devotion but no pen has ever dared to depict this unique Realisation concerning God. Do you know why? We are already associated with incarnations descended on earth since ever. Hence the craving to achieve their Divine Realisation has always attached human hearts with devotion to those Incarnations. Not only this their experiences and devotion had always guided us for Realisation through devotion, but this system of Sahaj Marg Sadhna is unique. This is why I am trying to depict those experiences gained as a teaching from Sahaj Marg Sadhna which are quite beneficial for mankind. First of all this statement of **Sri Babuji that, “Sahaj Marg is not a man made system. It is a supernatural system alighted from above i.e., Divine Himself has bestowed it to us”.** Perhaps this is why its beginning is free from the bondage of action. So **Sri Babuji has called it the Natural Way of Realisation. As the origin of the creation is free from above, the creator or Divine is Himself present in it and His power is pervaded in all. He dwells in the heart of all in the form of soul i.e., He manifests Himself in His creation. In the same way the Sahaj Marg descended from above which is the system of His own achievement. He is pervaded and present in it. Now I have come to realise the depth of this reality**

of constant remembrance to be kept in our mind always that God exists in us as said by our Babuji. This very practice is our Sadhna which is an effort to connect as with our aim (Sadhya) from the very first day. In this way we may remain attached mentally with God and absorbed in Him is the reality of Sahaj Marg Sadhna. Its importance becomes more clear to me that by giving a Divine flow of Divine Transmission in our hearts by His Divine Will power He has bestowed much sanctity to its grace. As a result of this Divine teaching my condition being raptured in Divine bliss had compelled the pen to put it down. “Instead of accompanying as an observer, He infused the Godliness in the human beings. (Insaan Mei Ishwar Tattva Bhara Sakshi Ban Saath Diya Na Diya), Because what else could be expressed after the condition of being one with Him. Not only this the experiences gained through Sahaj Marg Sadhna have prescribed such appropriate lessons to me which appear before me in the form of spiritual teaching and at the time of writing of every spiritual condition the words make their own selections by themselves to depict them. I have got the lessons in the form of teachings of experiences achieved through Sahaj Marg Sadhna that how the heart of abhyasis under His love of Divine Sankalp and in the guidance of His Divine sight are made to progress by this teaching in the field of spirituality. It has justified the statements of great personalities that **“Brahma Vidya is never taught through books but it is made to descend in the hearts from above.”** I have come to know this also that the conditions achieved during spiritual progress appear before me in the form of teaching in order to reform others. I had felt the feeling of melting of my ‘I ness’ by getting the fomentation of the proximity of Divine Personality in my inner while being fully lost in devotion during my Sahaj Marg Sadhna. Those realisations pervading in all, often become restless as a teaching in real form to be infused in the hearts of other abhyasi brothers and sisters. This restlessness is a boon of Sahaj Marg teaching which is the result of Divine Sankalp of Sri Babuji drowned in love for all. I can affirm this Divine truth with all my sincerity that His Divine Love has been presented to us in the form of Divine teachings of Sahaj Marg for the mankind. The time shall take turn. The Divine splendour shall be brightened in the form of human beauty which is merged in the womb of era in the form of Divine teaching. His Divine Will Power is cleaning the paths of era and is making the entire atmosphere complete with its Divine teaching and shall do so in future too. The experiences of we abhyasis shall open the pages of Anant-Yatra (Infinite Journey) in the form of teaching for

coming generation. My writing is already blessed with such boon. Though the fingers are mine which are drowned in Divine teaching but the holder of the pen is He Himself. The teaching of realisation is that truth which is self lighted because it speaks after getting entry in the heart. From my childhood I adopted varied methods to search God but my inner could never get even the touch of His nearness. Since I attended the teachings of Sahaj Marg Sadhna and its practice from my Babuji, I have constantly found His Divine teaching entering in my heart with the flow of the Transmission in the inner. I have noted this truth that all the experiences up to the Realisation present themselves before me to support the spiritual welfare of other abhyasis. In fact meditation is the hidden talent mystery of Sahaj Marg Sadhna or teaching. Meditation is the mirror of one's own heart. Perhaps saint Kabir has said likewise that, "Remove your Veil and you will get Ram." (Ghoonghat ke pat khol re tohe Ram milenge). All the layers in the inner begin to scatter by the practice of the Sadhna which is already connected with the Divine (aim). We feel the presence of God in our heart as soon as our mirror of the heart becomes clean. Sri Babuji Maharaj has suggested the practice of existence of God in the heart. In the abhyas or practice He has emphasized it repeatedly to avoid the distraction of the mind with unnecessary thoughts. What a wonderful gift He has bestowed us of the spiritual teaching? In this practice we keep Him in our thought and the thoughts might remain busy in maintaining this idea in them. Consequently it would result in Divine remembrance automatically. I did realise it in the mirror of my heart when the dust of materialism was removed from it. I had achieved the Realisation of Godly presence then. One more mystery became clear to me after the purification of the mirror of the heart. The subconscious mind absorbed in the thought of Divine constantly for Godly research is like a printer in the mankind. It becomes purified by the worldly thoughts which had enveloped that printer and thus it becomes clear like a mirror. It provides us the vision of Godly splendour and the constant remembrance suggests that your experience shall always facilitate you to work for others in the form of teaching. The purified mirror of the heart achieves the Divine training for the welfare of all. Now further we shall find that the meditation is the vision of the inner. My pen has been fortunate by depiction of the perfection of the definition of the inner, and the words have been graced by its Divine teaching. As I have written in my other books that finding my Babuji in front of me after gathering Him in my innerself, this self of mine had hidden itself somewhere else not known. Its constant search had spoiled

my peace of Sadhna and had consumed the bliss of my experiences of my spiritual conditions. Now after such a long time my experiences as a sanctity of my inner are telling me that the place of hiding was only my inner itself. It meant that which we call mind is only the reflection of the inner. I have come to know that the teachings of experiences drowned in Sadhna and fully raptured in the Splendour of 'Divine' are the symbol of this truth that meditation is the reflection of inner power. The experiences drowned in Divine realisations are in front of me while writing this book like teachings are telling that the vision of the heart achieved through meditation had provided me the strength of inspiration to move ahead. The progress of the inner has now revealed that what is the definition of confidence. My experiences affirm that myself which was hidden along with its own Babuji, the place of that hiding was only my inner-self. When my all in all of life, the bestower of the Infinite Power and the creator of the era was seated in my inner, then it was not proper to say that now I have gained confidence. Instead I felt that when He himself was merged in my thoughts and in me, then the feelings were concerned with Him only and He alone was my confidence. Because my game had been over along with the forgetting the feeling of my 'Iness'. When the meditation adopts totally His colour, it becomes the main centre of our feelings of the inner and of the teachings of experiences in writing. The teachings attained through experiences along with Sadhna of Sahaj Marg System is unique. I have opened this mystery for every one. One more underlying secret I have got revealed in Sadhna that every experience being the symbol of the reflection of the splendour of His Divine nearness gets connected with the proximity of His Divine Power. Today **Sri Babuji Maharaj has made me write this statement of His own that "Sahaj Marg is a Divine system which is alighted from above". Thus as a symbol of Divine He is present before us.** Because this one more confidential secret has been disclosed for all that how these lessons fully approved by experiences with the flow of Transmission are successful for the upliftment of mankind. This is worth consideration that how one can have the capability to write about His Divine grace, an open symbol of submission for the mankind and the uniqueness of Sahaj Marg. In order to make my pen fortunate, my Babuji has blessed it with a boon of touching my fingers.

Let us see what this pen is going to disclose further. Meditation is the vision of the perfection of the mind which is the dwelling place of the soul as a part of God along with Subtle-body and the Causal-body. Now see, that my inner self which had concealed my Babuji inside its own dwelling place i.e., my inner in front of me then I realised as a result of His teaching that Sri Babuji is a symbol of 'Infinite' Bhooma. I have realised this truth in meditation. My realisation is presenting one small example, before you for your sincere attention. This is a request of my pen that every one must own this teaching of this experience fully to make it fruitful. I had written to Sri Babuji about my condition that, "It appears to me as if my inner is getting wet. I am learning from this experience that the Divine heat of the fomentation of Divine nearness has started melting its limited sphere by dispersing the darkness of my inner, so that the splendour might reach to the subtle body established near that limited line. I had started feeling that my attention was stabilising somewhere else beyond me." Babuji replied "I am pleased that the Divine meditation has got entry in your subtle-body beyond your limit." These words are still before my view like the lessons of realisations. My Babuji had only this Divine expectation from me that, **"You will depict the journey of Anant-Yatra in detail along with the experiences. You will fulfil my inclination by giving the details of my research of every point and of every region through your experiences. My this research shall be an evidence of Anant-Yatra up to the realm of Bhooma or Ultimate"**. Brothers! Look at the courageous effort of His daughter who is not educated at all. I am going to offer Him a garland of so many varied experiences threaded in the thread of His own Divine Love and in the experiences of His teaching. I had been offering the diamonds and pearls of my experiences through my books but now this book has provided me the good fortune of depicting the efficiency of teaching in the field of spirituality. Hence this book is submitted on His Divine Feet as a garland sanctified by His meditation. You shall feel proud to hear about the Divine union of rivers in which this book has taken bath. This is a Divine union of Sahaj Marg achieved by Him, Laya awastha achieved in Him thoroughly and the Infinite journey up to His own realm, Bhooma. It shall make the mankind bathed in the Power of His Divine Sankalp and shall attract the era towards Divine transformation. I am realising it fully that it has been sealed by the Infinite Adi-Shakti of my Babuji.

Yes, the melting of the subtle-body was His Divine miracle of His Divine meditation. **Further I would like to tell you that the subtle-body is a store of our Samskars. When the meditation got entry in it then the store was destroyed by the melting, then where those Samskars had stayed? After achieving this condition Sri Babuji wrote to me, “Running away of your Samskars deserting you and their coming to me clearly shows that they are now leaving you, being no scope of their stay. You are becoming Laya in me. So Samskars shall automatically come to me. But do not fear. The grace of Samartha Guru has bestowed me the capability to burn them to ashes instead their coming to me in the form of Bhog. They shall be burnt themselves and finish.”** Look at this wonder. He is teaching me everything by His Divine lessons by spreading everything before me. Consider the matter of burning of the Samskars, that how those Samskars shall be permitted by the Divine Splendour to reach near Him? They shall automatically be turned down to ashes coming near the broad span of Infinite Splendour. When the Divine fomentation of His presence melts the subtle body i.e., the solidarity of the subtle body constructed by nature is unable to bear the fomentation of His proximity, then what to say of our Samskars formed by us.

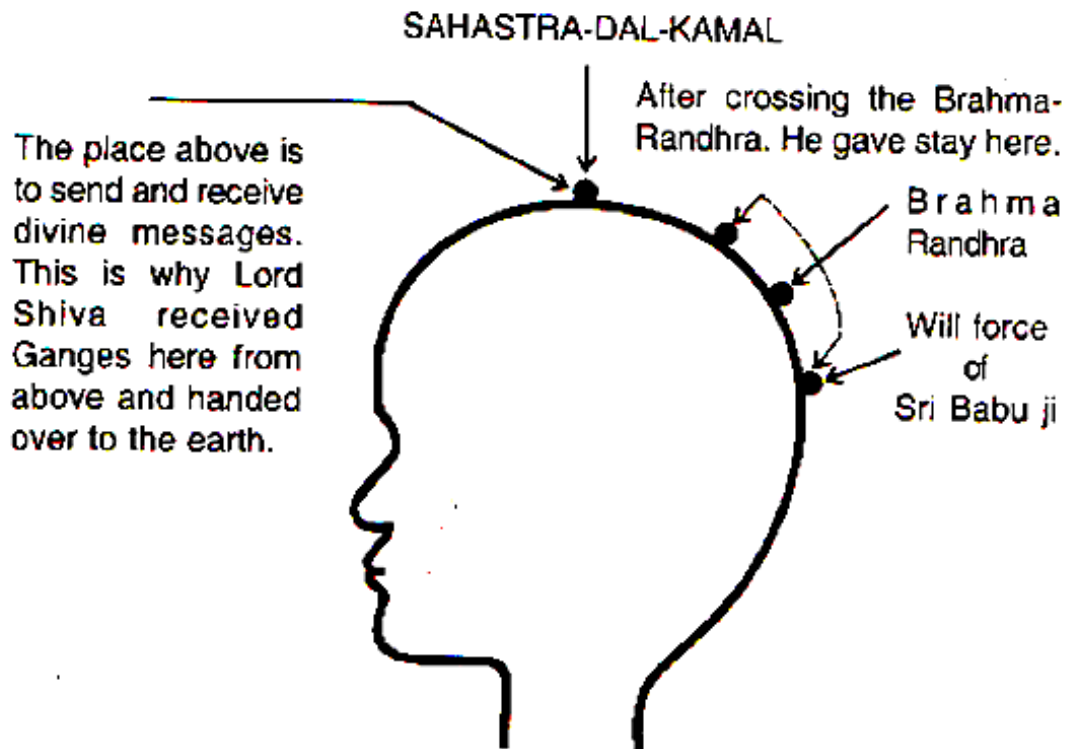
Now listen further that meditation is the approach of one's own existence i.e., of causal-body. It is already clear that the subtle body is nourished with gross thought and Samskars staying in it. So when the nourishment is stopped then the Splendour of the Divine descent of Sri Babuji dwelling in the inner begins to reach to causal-body or causal-mind by melting the subtle-body. Since then the feeling of our existence becomes connected with Him. One mysterious feeling liable to be experienced of His Research has become clear to me in a new form. Since when the union of our existence attains Laya- awastha in Him, I have found that the soul which is an element of God and is present in us, instead of having a separate existence begins to Laya in Him. How systematic is His training full of experiences? I wrote to Sri Babuji, “It seems to me that whatever has been said about the soul that it is not subjected to be dried by the wind nor could it be moistened by water etc. are said or written for me. My inner strength appears to me to be connected for ever with you. How true symbol is this experience achieved through His Divine teaching? My Babuji replied, “Congratulations for attaining the condition of Self- Realisation. May God bless you with Infinite progress and you

would definitely achieve it.” He not only affirmed the Divine achievement but bestowed the Divine Energy too. Hence alongwith the attainment of higher conditions I had experienced His Divine Energy too always. Further I realised that the soul gets merged in Supreme Soul. Being drowned in this experience the line of my song murmured – “When the soul becomes laya in Parmatma then there is nothing like any observer.” When the teaching of experience found that the soul is merged in Supreme Soul, then the vision of Godly Region was before me. Only then I experienced that now your original home is before you. It was as if the proximity of Divine attraction of the realm of God was extending an affectionate invitation to His daughter to reveal the glory of His Divine Research. When this condition came before my eye, the experience has widened its scope. Do you know why? Because then I was enjoying the bliss of every experience as an abhyasi. His Divine Research had collected and imbibed every experience like a transparent mirror. I could understand the meaning of this secret now. His Divine love full of the powers of His Divine Sankalp for the mankind had an inclination that these complete experiences of Anant-Yatra shall ever be open for all in the form of His teaching. My pen purified with such inclination of His Divine Research is telling me that by expressing its experiences has become bright for ever adorned with Divine attraction. In fact my book containing lot of experiences is a Divine miracle of Sri Babuji Mahraj which is present before us in the form of teaching for all. I have felt that at the time of the service of my abhyasi brothers and sisters, all the experiences bloom out for their progress opening their doors. It is so because the Divine Sankalp of Sri Babuji imbibed in them forces me with pleasure, to such an extent that ‘Infinity’ itself might never hesitate in teaching it as a teacher for the welfare of the others.”

I very well remember that Sri Babuji was asked by someone, “You talk of Bhooma or Ultimate Reality which appears quite unknown to us. No association is felt in the inner with it. We find some thread of our relation with God in the heart along with faith to some extent. Not only this, the devotees have always achieved Realisation of God. The words Bhooma or Ultimate are quite beyond our knowing.” Sri Babuji replied, “You are correct. It is quite true that none has arrived from that place till now who had reminded us about them. He had given you the message of their love along with the Divine dignity of their Infinite realm that He is the real original creator of the creation”. Sri Babuji said, "It is known by every

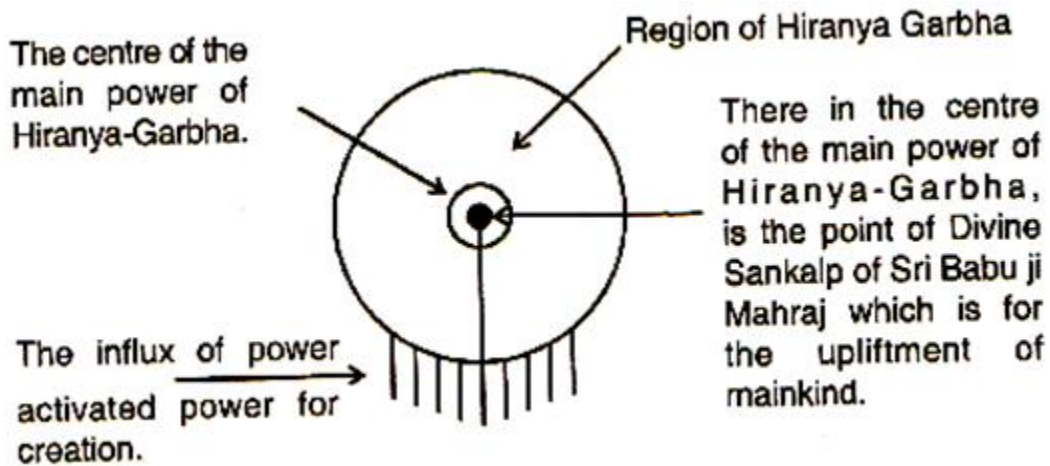
one that there had been stir in the store-house of the Ultimate Power for creation. Consequently this entire expansion is for creation through His power.” In order to expose this *Adi-Satya* (Eternal Truth) the symbol of the centre of Infinite power Bhooma has descended on this earth. God is the symbol of that *Adi-Shakti*. The spiritual Personality Samartha Sadguru Sri Lalaji Saheb arrived for the disclosure of this deep Divine truth. In the course of time the human being has forgotten humanity. He is distracted from the original tendencies being disturbed due to the needs of his material body. Not only this, he is quite unable to remember the relation from one to the other. It can be said that the meaning and analysis has been swallowed by the span of time. In the depth of material darkness none is able to visualise the truth because the real spiritual teaching is totally vanished. People have started to create their own God. The devotion in the right sense has been overlooked. People have adopted new type of austerities, fresh traditions and new methods. Sadhna has been captivated in the bondage of their own conventions. Hence the pain of our *Adi-Ma*, the power of creation resulted in the descent of Sri Babuji Maharaj. Not only this Sri Babuji Maharaj had been made to descend with the complete mastery over the Ultimate Power along with the Sankalp of the spiritual upliftment of mankind to bestow as much as He liked. Perhaps having this Divine view, my song murmured itself “O! Lalaji Saheb! This is the wonderful miracle of your child.” The second line exposed this truth very well. Swamiji replied that “He is the child of Bhooma i.e., He is the part and parcel of Bhooma, the Ultimate. Then who could enquire to whom that what type of this Personality is?” After revelation of this secret it has come to our knowledge that “The truth is ever self evident”. Now I have come to know the secret of collecting those experiences in the Divine Research of Sri Babuji that along with all the experiences of Divine conditions full of love from the beginning to the end be presented before the eye again while writing this book. This Divine secret was hidden up till now to bring those experiences and their feeling before us again. It was for this that I might infuse His Divine teaching in the heart of other abhyasis with the firmness of devotion and sankalp through my experiences. Can you ever imagine that a touch of technique of such a live Divine teaching or of such perception, had ever been achieved by the man? The earth is silent itself. It has witnessed Divine descendance many times but it has achieved the touch of the Divine feet of the Divine Personality, descended from Bhooma for the first time.

Experiences – Turned into Lessons



This is why He has put the aim of the Realisation of Ultimate Truth after the achievement of God for the upliftment of the mankind. For this through His teaching of experiences uniting them with the power of His Sankalp brought down in me through His Divine Research, He has bestowed such an easy system of Sahaj Marg. What can this pen write about His Divine teaching of Sahaj Marg? I have found that with His Divine Sankalp He has maintained the sixty four (64) points in name or steps along with Infinite Journey from Beginning to this Ultimate Reality with the support of all stages of experiences with devotion. Though I have rendered them with my experiences in my other books too but it was only my Babuji who enabled me to depict all the unique and superior experiences very vividly and successfully. Even now He is with me. I have attempted to put forth every stage in the form of diagram as a teaching to understand them easily for all.

Experiences – Turned into Teachings



Mind Region

The entire credit of bestowing this success goes to His Divine Sankalp which is infused in my pen from the very first day in the form of His Research to complete it with the power of Divine attraction.

In the above diagram, the point in the middle of the head is the place of Brahma-Randhra. The point prior to Brahma Randhra is the points of the force of will power of Sri Babuji which has become established for the determination of making the abhyasi cross that Brahma-Randhra. He makes the abhyasi cross this Brahma-Randhra by His Divine Will Power and establishes the abhyasi on the other side so that he may not return back from that place again. In this way the first point is of the will-force of Sri Babuji. The second one is of Brahma- Randhra and the Third point is the point of establishment on the other side.

See that the Mind Region or Hiranya - Garbha is the habitat of the Ultimate Existence, the source of soul which is the creative place of the power of creation as well. I could appreciate this inherent state within my experiences. I wrote to Sri Babuji, "It appears to me that Sun, Moon, Stars, Earth below and sky above, all have been created by me and they exist on your Sankalp." Sri Babuji replied, "I am very happy today that you have given me the award of my research." He wrote further after achieving the condition of Hiranya - Garbha and being Laya in that

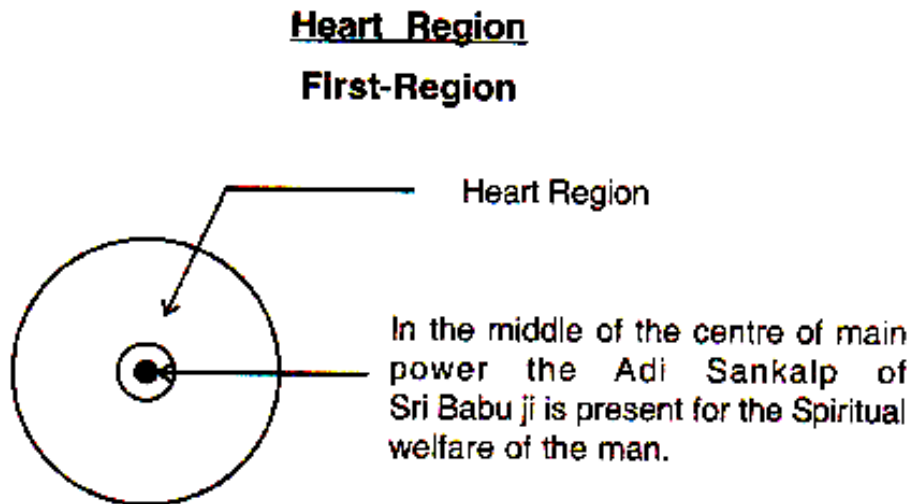
you are depicting this condition or you are writing your own condition. This transparency in your depiction is due to the purity of your condition. One more blessing of His Divine Research is compelling me to tell which I have achieved in the form of teaching. The gap between the journey of one region to the other due to the depth of His research is providing this teaching also. When I wrote to Sri Babuji about my this experience, "The coming condition appears before my eyes again and again to tell that it is mine and is to come." Sri Babuji Mahraj made it clear before me. It is honourable in the form of teaching. He had indicated; whatever gap you are feeling is not a gap in the real sense. It is like the grace of the subtleness of the condition to come. The further condition to come is always subtler than the present one. Hence its experience is also subtle, I appreciate your sense of feeling that you get a prior touch of the condition to arrive. This is why I felt that the subtle condition to come gradually enters in me becoming my own condition by making me subtle with its reflection drowning me entirely in its touch. This was the offering of Sahaj Marg Sadhna of that Divine Personality quite close to nature in the form of experience. Now it has been infused in me in the form of teaching. It shall facilitate me to offer this to my abhyasi brothers and sisters. Not only this, He had blessed me with His Divine-Power. He wrote me as a blessing, "I appreciate your sense of feeling. You have premonition of your condition to come. You are equipped with the experiences by the training of those conditions of abhyasi brothers. You are equipped with the Divine power of every condition of every state." Now it is my sincere desire that you all might achieve the experiences so that they might attain the real form of real teaching.

8. VARIOUS DIVINE REGIONS

HEART REGION

First Region

I have noticed that the journey of the Heart Region takes much more time due to its vast expansion. The reason is this that the melting of 5 elements, the opening of six chakras by



their own self and their power entering in abhyasi in a natural way takes time accordingly. Perhaps such a simple natural Sadhna has never been available for the upliftment of mankind. The term natural in Sahaj Marg Sadhna is quite significant. Do you know why? This Sadhna (practice) does not tie us with any bondage, because it is free from the bondages of actions. It provides us freedom from all sorts of bondages. Now I have gained the knowledge of this natural Sadhna of Sri Babuji. He has bestowed me all the spiritual conditions from the beginning to the end and has proved that His Divine Sankalp is powerful and successful. By the flow of His Divine Transmission in our hearts, the power of His Divine Sankalp begins to melt the five elements. We abhyasis simply try to practice (Sadhna) according to our Babuji to keep this always in our thought that, “Divine is in us and He is our”. We should keep Him in our remembrance with our sincere love that “He is our and He loves us too much also.” I have realised that as much as nearness the heart feels with Him, the melting of five elements is also likewise. It

has been clear that the heart feels expansion as much as it feels melting. It has come to my knowledge now that the matter creates narrowness in our heart which first affects our thought and thinking and then it is reflected in conduct as if there has been contraction in the greatness of heart. I remember very well that I wrote to Babuji about my this condition in my letter. “It seems that my heart is brightened with Godly-light in such a way that the feeling of your presence remains all the time. Consequently, it appears so blissful to the inner that it pushes the feeling of ‘Inness’ itself to outside. Gradually the feeling of body begins to get laya in Babuji that the remembrance of our existence never occurs. When the evil effect of five elements is purified then where the Maya (illusion) might stay? And thus this Maya begins to be minus in us. Drowned in this parity of inner we gradually tend to be absorbed in that. We are not aware of the melting and cleaning of the bondages of Maya (illusion) in the remembrance of God. Sri Babuji Mahraj wrote to me congratulating, “I am very happy today to see your such pure condition by the grace of Sri Lalaji Saheb. You have transcended the five elements of nature since your condition of forgetful state began. You deserve congratulations that you have crossed the 5 circles of Maya very soon. You have achieved the condition so swiftly which was not possible to be attained by the Sadhna and Tapa of more than hundred years. I am glad that now you shall be bestowed the condition of Laya-awastha by God because without this condition it is impossible to get entry in the Infinite journey.

I am going to reveal this secret that after melting of 5 elements and of the gross bondages of Maya, the limited limits of the heart also begin to melt. Then the attraction of the Godly Virat heart would imbibe us into itself. It is worth noticing that without having the love for mankind of the Divine Personality Sri Babuji, the melting of 5 elements and to get rid of the gross bondages of Maya is totally impossible. I feel that without the feeling of nearness to God, the devotees would not deserve the state of Realisation. Now the Divine Personality Sri Babuji Mahraj has descended on this earth in the form of loving invitation of Infinite journey to take us to the Ultimate. Absorption in the meditation gives us entry in the Virat of God. Since then by getting the living in the Virat heart, the subtle bondages of subtle-body begin to Laya speedily. The union of this Divine opportunity that “Divine is in me” and “He is mine” in Sahaj Marg Sadhna and the Transmission from our Babuji Mahraj connects with the presence of Divine aim so fast that we

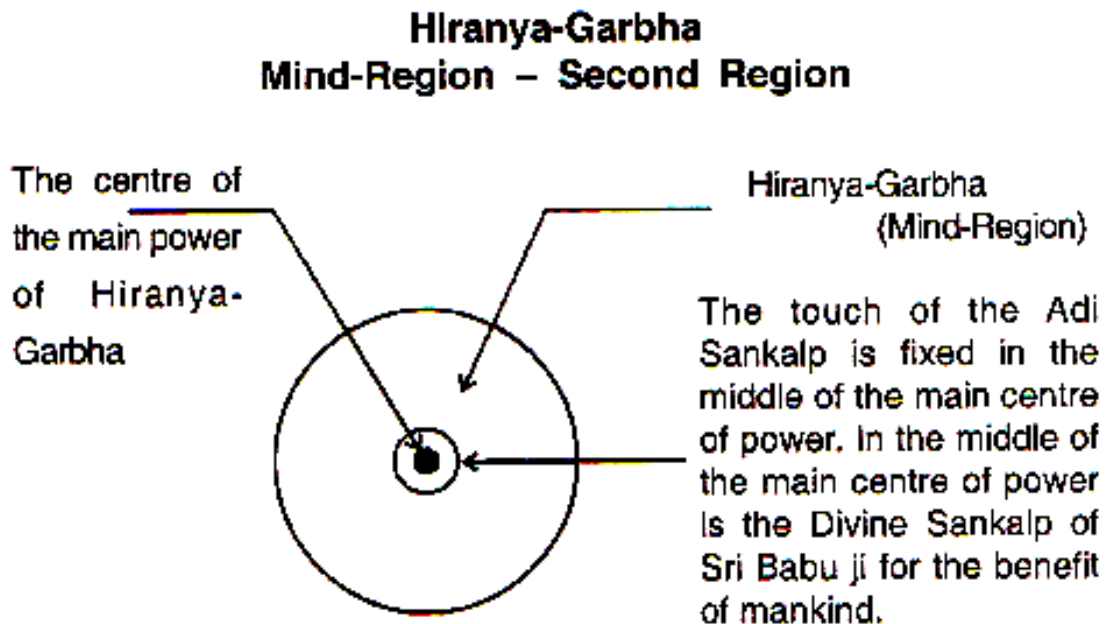
achieve Laya awastha in Divine soon. This has never been expressed in spiritual literature up to this time anywhere. We are blessed that it has become possible for us and has glorified the success of the Sadhna of the abhyasi. When our devotion gets connected with the Sankalp of the Divine work of the Divine Personality, then we receive the Divine message that the Divine journey of the realm of Heart is completed.

9. HIRANYA - GARBHA

MIND REGION

Second Region

Just as I have written in my other books, perhaps to accomplish His Divine work (mission) in its entirety in the heart of man, my Babuji Mahraj has undertaken to train me the lessons of Divine teaching with the help of diagrams.



By making the Sahaj Marg powerful by His Transmission Power along with the simple and easy technique, He is carrying the Sahaj Marg at the peak of perfection of naturality and easiness. His magnanimous grace is infusing in me the capability to fulfil His mission. Let me mention an event which happened during the period

of my abhyas. I wrote to my Babuji in my letter **“I do not know when I want to proceed further, it appears that some power pushes me back. My Babuji! Such has never happened before with me. What has been wrong in my Sadhna?”** The answer was, **“I am now myself puzzled about your entry in Mind Region. How to give you that? Here the flow of the creative power towards downward is so vehement and strong that it is almost impossible to get entry in that by crossing that flow.** If I had not to reveal the secret of research of all the main points of every Region, then the devotion had taken you up to the Realisation of God. I have chosen you to achieve the capability to guide others also with the experiences of the condition of every main centre and the expansion of power in my research. You are expressing your experiences to me very well and vividly. I am very happy.” Whatever diagram He has placed before me shall be helpful in guiding others. He has given me entry through His Divine Will Power against that flow of power but whatever diagram He has placed before me for my training is marvellous.

In the last chapter of the book whatever material has been depicted with the diagrams is to give entry in Hiranya-Garbha or Mind Region. This unique training of Sri Babuji Mahraj is to make the abhyasi cross this Region after the spiritual journey. Sri Babuji Mahraj has made me to understand the Divine technique to cross the superb-region through the diagrams. (Please note that the diagrams are not found in the last chapter of the book and also verified original in Hindi version also.)

I have realised that the power of Bhooma is present in every Region or in the central point of the power of centre. But in the middle of the centre the Divine Sankalp of Sri Babuji Mahraj is present for the Realisation of God for mankind. If the abhyasi becomes connected with that source of the Divine Power then the entry in the Region becomes easy the journey of this Region also starts. **It is quite difficult to proceed for the journey without getting entry by His grace in the Hiranya- Garbha.** The meaning of journey whatever has come to my mind is that during the journey of this Region the power of this realm is also attained by the abhyasi along with the experience of this condition. In the earlier days prior to the advent of Sahaj Marg Sadhna, the devotees had always achieved the Realisation of God after passing through every Region. But Sri Babuji Mahraj has prescribed

such spiritual teaching to enable us to gain mastery of the power of every Region, through His Divine Research. Hence when in future the abhyasis shall be absorbed in devotion, they shall have very easy and normal entry in every Region being equipped with the power of ownership of every Region. The power of the Region shall attract them in itself and they shall proceed automatically for spiritual journey. We shall go on advancing further with the support and the grace of the power of Sri Babuji drowning others in the further Divine conditions. Today I feel free to say that the Sadhna of Sahaj Marg is connected with the Realisation of God, but the further way up to the Ultimate Reality is the boon of His Divine Research for the upliftment of mankind. **It is the most appropriate time to awaken the craving for God-Realisation in human beings to succeed in Anant Yatra.** The search of such a Divine path (system) and such a Divine Sankalp to achieve Divine aim has been activated by His Divine Will Power. Whatever teaching I am getting from Sri Babuji Maharaj, I have felt **that if any abhyasi connects his remembrance with the flow of His Divine Sankalp, it becomes easy for him to enter in Godly-Region.**

10. GODLY - REGION

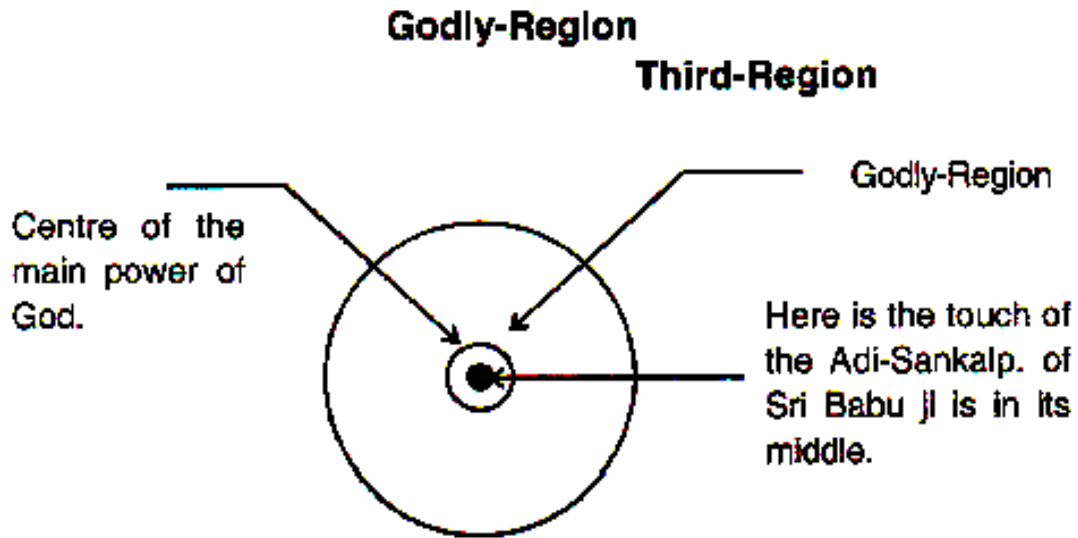
Third-Region

Wherever the source of the required power due to the stir in the centre of Adi-Shakti for creation stayed, that is the realm of God. From where this power of creation was activated that is God. This is why the devotees have always been instructed for the Divine aim of Realisation.

With full mastery Sri Babuji Maharaj of Ultimate Truth or Adi Shakti has descended on this earth by the Divine prayer of Samarth Sadguru Sri Lalaji Saheb to awake the craving for the Realisation in mankind.

He is always present before us as an invitation to enter in the realm of God by opening the doors of the Infinite for the entrance through Sahaj Marg Sadhna as a result of His Divine Sankalp and Power. He is and shall be ever present before our eyes till the transformation of this era in Sat-Yug after filling the longing of God-Realisation in it will complete. The era being fully submitted to Him along with the

completion of His Divine Sankalp shall remain embellished with His Divine Beauty. Each and every atom of the era bathed in His Divine Beauty shall provide His Divine shelter to the human beings calling Him alone. The secret is this that the Divine Personality has descended from the realm of Bhooma with the power of the Sankalp of Adi-Shakti to adorn the mankind with Divine beauty.



I have come to know about this secret of spiritual teaching now that when the craving for God-Realisation or the firmness of devotion becomes a sankalp in the heart of abhyasi, the steps of Divine Infinite journey discloses their secrets or their conditions themselves. All the steps make our hearts aware of their conditions and beautify them as well. Consequently the Sahaj Marg of Infinite journey becomes clear to us and the experiences of the conditions also get Laya in our inner as a boon.

Perhaps to facilitate the spiritual service of all, the teaching of Sri Babuji is presenting itself before me in the form of diagram. Actually this teaching is a Divine blessing for the mankind.

One secret of Godly-Region of which Sri Babuji made me aware for teaching is unique and marvellous in itself. Godly power is like the store of the Ultimate Power of creation. This is why instead of the point of Divine Sankalp of Sri Babuji, we find Sri Babuji present Himself here according to the Divine etiquette of this place in the Godly centre as the Ultimate Power. It is so because of

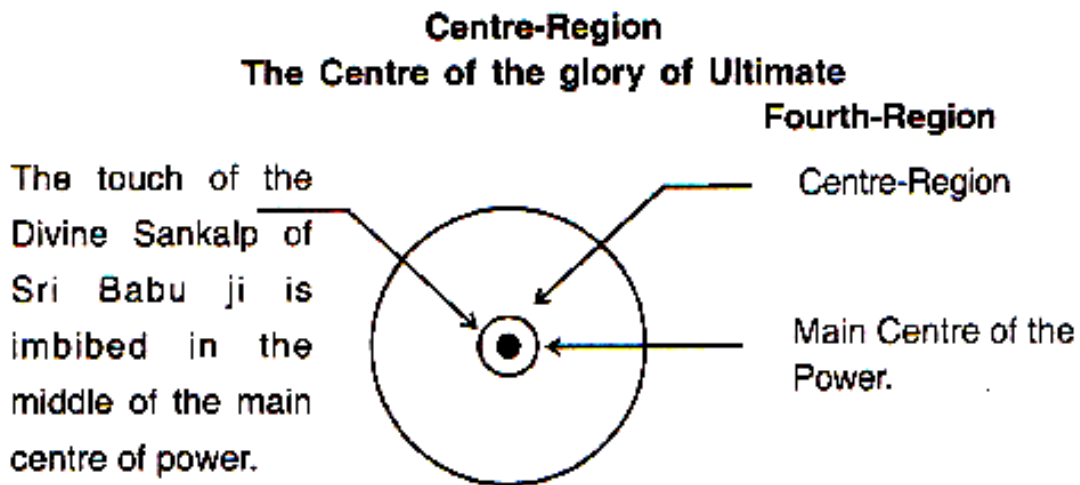
the grace and teaching of Divine Personality with superb Divine etiquette Sri Babuji who has descended from the source of Adi Shakti. It is due to this that the man can not get entry in this unique source of Divine Power for creation. Though the devotees had attained the Realisation but beyond the Godly-Power the entrance of the Divine journey of the realm of Adi Shakti has been possible for the abhyasis due to the descendance of unique Divine Personality from that place. This Divine fortune has been gifted to the field of spirituality in the form of such Divine boon. Now it has become possible to give us entry in the marvellous power of Godly-realm due to His grace getting Laya Awastha in Him. I had felt that **when the abhyasi totally drowned in devotion becomes Laya in Him, his feeling of ‘Iness’ melts in such a way that the Divine becomes his own form.** When drowned in such condition, I achieved *Darshan* of God through His Divine sight, I became raptured. At that moment I found that firstly, He handed me over to the Godly-Power by making me laya in His own-self within twinkling of an eye. After this He took me in His lap like a new born child by giving me bath in that Ultimate Power and then I realised that the 16 circles of ego as indicated by Him had disappeared in that power. Afterwards, He as if established His daughter as a new born child on the Divine Satya-Pad. Perhaps this Divine secret of Godly-Region of His search has been opened by this pen activated by Him that He is the Divine Personality. Having the vision of such Divine etiquette of love, I have become blessed at this time that He is before us who is the Ultimate aim of the mankind. It is the foremost spiritual duty of the man to Realise Him as this is actually the *Darshan* of God. He is that Divine Personality who alongwith awakening the craving for the Realisation of God in the hearts of mankind, makes everyone capable to achieve that with the flow of this Divine Transmission.

11. CENTRE-REGION

THE CENTRE OF THE GLORY OF ULTIMATE

Fourth Region

This Divine fact has been brightened before me due to the complete Research of my Babuji for the training of all in the spiritual field for their progress. I have realised that the Divine Sankalp of the Divine descendance of Sri Babuji is present in the main centre point of the complete power of every centre. I am feeling that by the support of Divine Will Power to my abhyasi heart by His Adi-Sankalp the journey had been possible for me. I could not know anything during my period of Sadhna, but now when my most Beloved Babuji intend to disclose this Divine mystery for all, it has become possible for me to do so. Not only this that He is bestowing the training to work for others being Laya in Him, He is training me through diagrams like a small child. Being fully conscious I am offered today at the grace of Sri Babuji that He has given place to His daughter to dwell in His heart in order to justify her purity and sincerity of the immense love of His Divine Beauty.



12. INFINITE-REGION OF ADI SHAKTI

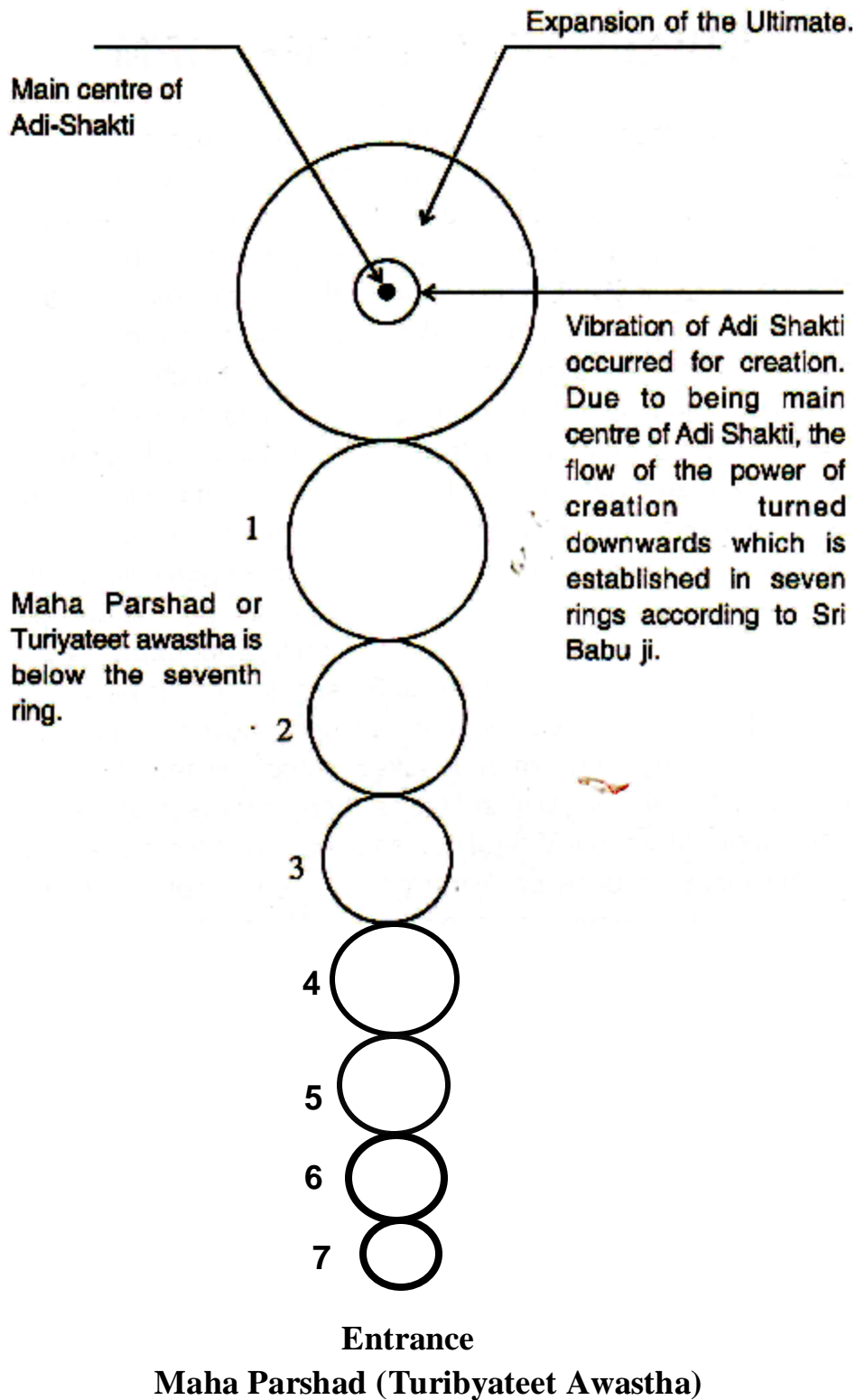
Main centre of Adi-Shakti-Bhooma

Fifth Region

Today my experience has revealed this Divine Secret that the Sankalp of creativity has been present as a cause in the Ultimate Power for creation. That main cause in the man existed in the form of soul as the complete power in the midst of causal-body.

As a result of the comprehensive Spiritual Research of my Babuji, I have felt through my experience that the Adi Sankalp of that centre is established in every circle or in centre of that circle of that region of the power having its flow downward from Adi-Shakti.

Fifth - Region



13. INVALUABLE DIVINE GEM

It is said that this earth is the treasure of gems. In other words it is the source of all virtues. Most probably this is the reason that saints and sages are born on this earth. Whenever there is a change in the course of time, it affects the era to change accordingly. The question is that when and why this course of time takes place? When the mind of the man is diverted from the bliss and feeling of the touch of Godly nearness, then perturbed in his own thoughts created by his ownself, he becomes away from spiritual thinking. In spite of being so many other natural reasons for being away from Godly thinking, there is another reason that one becomes attached to his own thinking. This attitude is responsible for his material ego, that is the feeling of his 'Iness'. It is natural for anything to go on growing when it is once generated. When this feeling of 'Iness' becomes solid and limited, it becomes gross. Then it acquires the form of ego. Now the question arises that why and when it takes place? When the time adopts distance from Divine Nature then there is a turn in its movement. Sri Babuji Mahraj has said that when the movement of time loses its base of Divine Power then in spite of being straight its movement becomes zig-zag. When any impediment appears due to its zig-zag way the man forgets his own nature and form both. In spite of being deprived of the associations of Godly discussion, the world is known by several other kinds of talks. People become entangled in the game of thoughts of their own mind. The expansion or place of the game of mind becomes outer, so its living becomes gradually extrovert. The inner which is to be reared in Godly light is reared in the outer light of the sun and moon. It entirely forgets the touch of the Godly Bliss, and consequently forgets God. But there is some code of nature, that there is a limit of grossness and zig-zagness. The stir in nature starts as soon as it touches the limits. When the stir touches the heart of sages then their face turns towards God and with prayful heart begin to look at Him. But it is for the nature to decide that which kind of power is required to modify the time. According to this the Divine descendencies are the result on this earth. It is not only to modify the time but because the turn of time imbibed the anguish or pain of the era, so Samarth Sadguru Sri Lalaji Saheb felt the need of stir in the Divine source of the Infinite Adi- Power achieving entry in the region of the Ultimate. He became successful in it with His prayer of seven months to transform the era. Do you know why? You

might now understand that this is not only on account of Nature, but also due to the command of Divine Nature that the Divine Personality Sri Babuji Mahraj has made the era fortunate and blessed in the form of gem. This invaluable gem has brought this Divine Sahaj Marg Sadhana in the field of spirituality for the upliftment of the mankind. **Meditation is the life of Sadhna which means to be totally absorbed in the thought of Divine in meditation.** It is to receive Godly-flow of Divine Transmission Power by Sri Babuji Mahraj constantly as a Divine support. The welfare of every human being is sub-merged in His Divine Sankalp. Not only this, His Divine eye drowned in love for every human being often gives us bath in the Divine source of His Divine Love. Just as a mother purifies her child in a bath, so His Divine vision purifies our heart completely, in the flow of His Divine Love and then our journey for progress in the spiritual field can start. I can not help myself without saying that the descendance of Divine Personality only has gifted the era with the Divine Gem and has made it fortunate for the first time. After attaining the gems of experiences from the Beginning to the Infinite journey in Sadhna, He has blessed the heart of the era with the abundance of gems of Divine conditions by the search of His Divine Research. The earth is blessed that the unknown touch of the gems of these Divine conditions shall always adorn the hearts of human beings dwelling in it with the beauty of Divinity. His Divine search has blessed this Divine fortune to the earth and the era has been blessed with the wonder of a spiritual era. Today the nature attaining this Divine blessing of Divine Nature indulged in a thrilling dance. It seems that the entire atmosphere all around has become enchanted by the touch of His Divine Feet.

The era has got the Divine touch and the earth has achieved the blessed fortune to have His Divine feet on its heart but the people of the earth have achieved the Divine opportunity from Realisation to Anant-Yatra by His grace. Not only this, the liberated souls who were absorbed in the blissful state of the Brighter World had submitted their services leaving their blissful state by getting the realisation of His Divine Descendance. The main reason for this which I have felt is their desire to absorb in His Divine Love and to enjoy it thoroughly. All this is about the Divine description of this Divine duration. His entire Sahaj Marg is shining with His splendor supporting us like the ladder connecting with Bhooma i.e., Adi Shakti, I have come to feel that our Babuji has provided the ladder of 64 points gathering those Divine conditions in experiences by His Divine Research to

facilitate the journey from beginning to the end. I have felt His nearness at every stage. He has always bestowed me the Divine consciousness of the superior conditions yet to come. Consequently I had been successful in intimating Him about my most subtle condition according to His wish through my letters. He has made this era precious by adorning it with so many invaluable Spiritual Divine gems. During my Sadhna He has opened the splendour of His Divine Search before all by presenting the glimpses (Tej) of the Brighter-World to me. I have come to know that I have been able to visualise that Divine atmosphere due to the Divine sight bestowed by Him. The reality is this that though the pen has no eyes, still it does not want to stop writing. Hence this co-ordination of the expression of experiences have been provided by Him for all the mankind. He has glorified the pen along with its writing high for ever. Not only this, for the completion of His Divine Research from the beginning to the Infinite and by adorning the Divine conditions with Divine decoration of easy access to experiences for the mankind, this earth has been glorified as the mother of Divine gems. As a result perhaps this earth has been able to attain perfection with Divine Beauty for the first time. At every stage of progress at the main entrance of every centre He kept me aware of His accompanying me like an alert guide, so that His daughter might not be disheartened due to loneliness. Sri Babuji Mahraj has said that the condition of Ultimate Truth is called Sang-Be-Namak. It means that though there might be the feeling of salt in the rock but there is no taste of it. I have seen that the feeling of His company with me did not let me suffer with any shortcoming. Please tell me that I am supposed to say this as invaluable gem of Sahaj Marg Sadhna or I should call the Divine Personality bestowed by Samartha Sadguru Sri Lalaji Saheb as the invaluable gem. My pen is inclined towards both sides. I can affirm that Sri Babuji Mahraj is a marvellous gem as a symbol of Bhooma and the Sahaj Marg brought by Him from above by His Divine Descendence is the excellent gem of Sadhna to achieve Him.

In fact, the true definition of Sahaj Marg is the Divine offering of the Divine Personality consequently the entire Universe is in the lap of Divine Sahaj Marg. Sahaj Marg Sadhna merged in the meditation of Divine Personality and bathed in His Transmission is surrendered to God for the benefit of all. The first point of Sadhna is to maintain this always in the mind that God is present in the heart. By the constant remembrance this feeling

remains alive in the heart with the feeling of His nearness, the abhyasi experiences the proximity with Divine very soon. It is so because the existence of the man is in Him. This is the reason that the feeling of our 'Iness' begins to vanish very soon. Another fact is that the person hides himself behind the illusionary thoughts in himself, i.e, in Maya but brings himself back on the material plane. But the condition of being lost in the inner achieved in Sahaj Marg Sadhna by giving its touch of the Divine bliss of the nearness of the Divine makes our meditation attracted towards that. Afterwards by melting of the material elements, the feeling of His existence appears in us in such a way by the Divine meditation that the feeling of our existence can not touch us at all and we get laya in the Divine in our inner for ever.

Further the second point of Sahaj Marg is cleaning. It is essential to say that the attraction of the meditation after being practised for some time makes the abhyasi to forget the activity of cleaning. It is due to this that there is no place of action in the feeling of His nearness as one never remembers to sweep a clean place. The third and the last point of Sahaj Marg is Prayer. Surrender is the life of prayer. We begin to forget everything in Sahaj Marg but the feeling of surrender appears soon in us. Our experience becomes adorned by these three invaluable gems. We are beautified by Sahaj Marg in such a way that the feeling of surrender keeps our experience drowned in a blissful state of self-submission. One more Grandeur I must now narrate of Sahaj Marg Sadhna is that. when the real condition of all these three points enters in our living our experience gets beautified automatically. Since then our Sadhna remain raptured and happy by the feeling of the constant presence of our Babuji in ourselves. Now we become fully aware of true Sahaj Marg which is connected with Satya- Pad and is drowned in natural Godly-flow. After gaining such Divine experience, we achieve the priceless Divine gem in the form of Sahaj Marg of His Divine Research. One day I had realised by the grace of Sri Babuji that the Divine flow is enriched with the natural Divine condition also. Every Divine Regions and conditions are available to us in the form of invaluable gems one after another like a chain. Then I could realise the real meaning of Divine Research of Sri Babuji. It was only then that my inner determined to publish His research threaded with gems of my experiences from the beginning to the Ultimate Reality and also the revelation that "Who was He" by His grace. After this by clarifying the Divine condition of "Identity can not identify

itself”, I shall bow down my head at the door of His Divine realm Bhooma. Side by side according to His expectation I shall submit the garland of experiences purified by His Infinite Journey at His feet. But later on when He awakened my consciousness for Divine experience along with my submission at His door I was raptured to look at Him because He was adorned with the same garland which I had offered. Why did I feel the entire atmosphere so joyous and absorbing all around at that time is clear to me now to write. When the earth had the perception of His Divine feet on its heart, then the touch of his Divine feet had grabbed the touch of the material burden. This is why it was so happy and the atmosphere was thrilled with joy. The sky high above looked at His vast expanse of Divine Descendence and danced in ecstasy. The Divine Nature viewed His Divine expansion of His Divine omnipresence form and lost herself totally. What to say about the condition of the realm of Bhooma. Since when it found the movement of Divine Feet on the earth, forgot totally to raise its head. The era too got it lost from its memory, even this that the part and parcel of Bhooma itself has descended on the earth and the earth has achieved the living gem of Sahaj Marg capable to unite it with Ultimate Reality for the benefit of the mankind. Not only this, there is much more to say. **By the support of Divine attraction and of the ladder of sixty-four (64) points the word ‘Fatigue’ has been removed in the spiritual journey from the dictionary. Now there shall be no impediments of bondages in the way, this truth has been made clear by the era after achievement of the vision of the Divine Beauty.** His Divine Beauty and the Divine light merged in the life of era has brightened the entire Sahaj Marg and it is completely absorbed and wet in the most subtle condition. The word ‘absorption’ or ‘wet’ has its own significance here. Its minute sense is that the all-pervading presence of the Divine Beauty has filled the life of era with the essence of devotion. The abhyasis who would follow the Sahaj Marg with full sincerity of its aim, surrendering to Him completely, their hearts shall be saturated with the essence of devotion automatically. His entire research shall be brightened in their hearts in the form of teaching full of experience always for the welfare of human beings. Have you ever heard of such a Divine union of a complete Infinite Journey or of the spiritual learning adorned with the gems of such various experiences? No. There had been no descendance on the earth to guide the mankind with the Divine Sankalp for Anant- Yatra from the beginning to the end till today.

Being beyond the human intellect merged in the flow of Divine Power without any involvement of any kind in worldly activities, we gain the preliminary achievement after Realisation. I found this opportunity as Divine boon that Sri Babuji took me in His heart and gave me bath in the main point of Godly-power. When He took me out, I found that in spite of me there was only an identity drowned in the beauty of Godliness. I have got the answer in the secret of this condition that He has confined the entire ego in (16) sixteen circles. This secret is open to me now that there is no ego in God, so the devotees have been able to achieve His Realisation. After this achievement they become so satisfied to enjoy their present condition because they had to go nowhere else ahead. Realisation is an indication of dualism i.e. of two, one God and the other His devotee. But I have noticed that after giving the aim of Realisation of God, the Divine Personality Sri Babuji has kept this point of consciousness alive that our home is Ultimate or Bhooma. So by getting the touch of that power which has come from that Godly power, we can be like that as we ought to be to reach in the Divine centre. This is a Divine mystery that why Sri Babuji gave me bath in the centre of Godly power after Realisation. Firstly, He is alone and only one, hence our identity remains also alone after bath. The glory of the gem of this Divine miracle of Sri Babuji was hidden because no one else had incarnated to take us ahead after this Divine condition of Realisation up till now. Kabir had also expressed this truth that “Kabir was remained in between the state of limited and unlimited.” (Had Anahad Ke Beech Mein Raha Kabira Soya). He had no support for further journey to achieve the unlimited. One more secret I have felt that there was no possibility ever for the abhyasi to go beyond ego. Neither it was nor it is now and is not possible in future as well. Then how to proceed. further? Now we are blessed with the Divine Sankalp of Sri Babuji which is present to provide the touch of the door of Ultimate Reality in every field, Circle and Region. The feeling of the presence of Divine Personality provided me this experience that in order to change the impossibility of freedom from ego into our victory He has Himself took every state of ego in His fists. When He gave me a dip in the centre of Godly power, then only the unconscious identity bathed in the power beyond ego was with Him. One marvellous mystery of the Infinite journey with Him is open before me that by the achievement of Laya awastha in this journey we get swimming in the entire Divine Power in such a way that we become capable for our brothers and sisters to let them experience every condition of complete journey by the power of that realm

through the journey as well. It has been possible by the power of Bhooma associated with the Divine Research of Sri Babuji to fill the Divine Power of all stages alongwith the experiences of Divine conditions upto the Ultimate Reality in Sahaj Marg. He has obtained the Divine Sankalp through the vibrations of the centre of Adi-Shakti (Bhooma). Not only this, this system and the teaching with vast experiences for all is the offering of the divinity, of uniqueness and the depth and a Divine flow full of love of His Divine Research. His aim for the welfare of the mankind of His Divine Research was to provide them the journey of every stage and to fill us up by that power so that it might facilitate us in our attempt to bring other abhyasis too to guide them for this journey. We need not think anything else. **It is to write again that as Sri Babuji is an unique gem, similarly His Research also is the collection of jewels. By this Sri Babuji Mahraj has gifted us the conditions of every main state of the spiritual journey from the beginning to the end.** He has charged me too with the power of that place, for the training of others. Had the earth ever found such Divine expansion of such Divine teaching? **Did the sky ever attained such a fortune to visualise such teaching much higher than Itself? Did the era could ever associate itself with the power of the Divine Child of Bhooma? Well, now His Sahaj Marg System provides a positive answer to all with ecstasy.** The earth danced cheerfully, the sky is also in a hilarious state. The era has felt glorified by not only imbibing Gopal of Bhooma in its inner but it is full of pride to get the Darshan too,

The earth has been blessed by the name of Sri Ram Chandraji Mahraj (U.P.) and it has been glorified for ever by His descendance. This Divine Personality has blessed the immortality to my writing by His touch. I do not analyse the saying of Sri Babuji. I only put forth what I experienced.

When Religion ends Spirituality begins. It is a well known fact that the man is always engaged in rituals while the real religion of man is to achieve God. From the moment the heart begins to remember God, no rituals are appreciated by Him. Only the longing of His Darshan arises in the inner. Devotion is awakened. Since then the religion acquires its real meaning after discarding all kinds of rituals. **The real religion for the man is to know God. We achieve this condition when we clearly understand this expression of Sri Babuji that when religion ends spirituality begins.**

Now next saying that when the spirituality begins is self evident by the revelation of the experiences. It is quite true as if the experiences of spiritual conditions are eager to disclose something by themselves. I have learnt that the definition of spirituality is Realisation. By the constant remembrance of God, the craving for His Darshan arises. It is the recapitulation of the forgotten relationship. The sanctified flow of the Transmission achieved in the heart of abhyasi by Sri Babuji Mahraj to awake the condition of spirituality in the inner very soon, is like the spiritual mother. The attainment of the climax in Sadhna even at its commencement, Sri Babuji Mahraj has performed this work in three (3) sittings by the flow of His Divine Transmission in the heart of abhyasi. Later when His remembrance begins to remain in the heart of abhyasi, the heart feels His nearness somewhere even at the commencement of Sadhna and is reared up under His blessings. I have felt this in my experience. This is why the first touch of the flow of His Transmission that has been expressed through my song – “The Godly power which was lying dormant in man has been awakened by Him and He has given it a new turn to it.”

**“Jo Shakti (Iswariya) Sab me Soye Thee, Insano Mein Ramne Wali-
Us Shakti Ko Jagriti Dekar Ek Naya, More Dene Wale.”**

Further that the powers awakened in the remembrance of God, receives a support of His Divine Transmission constantly. Gradually the freshness of His Divine nearness generates the bliss of devotion in the heart of abhyasi and a constant longing to advance towards Realisation. God is beyond materialism and the body of abhyasi is material. So the experience of forgetful condition towards the body expresses that our mind and attention deserting us, has got entry in the Beloved God who is beyond materialism. When I wrote this condition to Sri Babuji He wrote to me, “I am happy that while living on the earth, your living has started in the realm of your Beloved (Bhooma). It means that you have got the condition of **Salokyata**. After getting the living in His realm I realised that the craving for Realisation had become restless being expanded to get the touch of the Divine feet. And one day when the experience of nearness to Divine made me stand on His door, there was nothing to depict for the pen as there was complete silence all around. Gradually that Divine Beauty appeared in the Divine dawn. I felt the Reality of the Divine experience i.e., Realisation, with a smiling face

before me, and by giving a feeling of the presence of Sri Babuji with me somewhere as if --He was expressing His own statement that when spirituality ends, Reality begins. As it is the analysis of the truth in our daily language that the **Spirituality is the mother of science**. In the same way it becomes silent for ever by giving the Realisation of Reality in the field of spirituality.

The saying of Sri Babuji that when spirituality ends, Reality begins is an expression of such a Divine miraculous condition which is unique in itself. It has been quite strange that though the devotees have achieved the Realisation of God but none has ever been able to attain the true Godly union through entry in its original power. I got this secret open to me when the Divine Personality Sri Babuji equipped with the power of Bhooma had taken me out from the condition of God Realisation i.e., by giving me a momentary bath in the Godly power. I then felt the freshness all over in such a way as if the condition thoroughly sanctified beyond all the experiences received up till now and even beyond the touch of the feeling of its own existence, was standing alone. Then I was told by a sweet, smiling Divine face that when Reality ends, bliss begins. Not only this He had gifted me the Divine consciousness to tell this condition of Bliss further.

The state of Bliss in Sri Babuji's words, "When Reality ends Bliss begins" is indeed the definition of Infinite Bliss. We can say Bliss as Divine inner in true sense where the love showers for all. But hardly some one fortunate can get the Bliss of that Infinite love. On account of the Divine existence the Divine Personality Sri Babuji has blessed as an offering the capability to this pen to depict that condition to reveal that Ultimate secret by His own marvellous glory. Now He has scattered the precious jewels of Divine conditions hidden in the Divine inner through His research for all. Sri Babuji wrote to me at this time, "When your condition becomes out of your control, then sit for Pooja (Meditation). Though at this time the presence of the Trainer is essential to accompany the trainee for the watch at every moment so that the unlimited love of the abhyasi and his ecstatic state might not cross the limit, but being not possible this time, our Lalaji Saheb has taken this responsibility of your care." The definition of the condition according to the experience is this that the Bliss is the life of the ever flowing source of the love of Divine. So when Sri Babuji indicate towards that side make us stand by drowning us in its touch thoroughly then it becomes the

definition of Bliss, “State of extreme love”. In the state of reality I found that we can remain balanced in the condition of extreme love because this ecstasy remains closely associated with us, but to the extremely ecstatic in this condition is too much, because it is an intolerable condition of extreme love. Do you know that who can manage this condition of ecstasy? Only the Divine Personality Sri Babuji. This is why by establishing me further on Satya-Pad had opened the doors of Infinite Journey for every one. Then this unbearable love was lost while looking at that face of Divine Beauty. Now the Divine saying of Sri Babuji had made this clear for all that the end of the Bliss is the door of the commencement of Anant-Yatra. I have the invaluable Divine gems of experiences of Divine conditions in the form of teaching for the Infinite Journey are with me for the welfare of all. I am extremely happy that whatever expectation Sri Babuji had from me through His Divine Research for all, that very expectation today along with the depiction of these experiences in writing is present before every body for their welfare because the condition of Bliss after its climax has become Infinite now.

Now the pen is going to disclose some truth. It is this that the pen has no vision and the vision has no pen. This impossibility has been possible by the grace of Sri Babuji. How is it? The attempt of Sri Babuji is that the condition in the form of Divine gems evident through His entire research up to the Ultimate Reality might not be silent instead they must speak out in the language of experiences. This is why the expectation of the Divine Personality is going to adorn the earth with the Jewels of entire conditions filled in with the experiences.

Now let us look ahead. The commencement of the glorious journey of the glorious realm of Bhooma and its depiction is going to begin from the centre region as written by Sri Babuji. How it is glorious? When the doors of that Infinite Journey were unknown up till now, how one could get entry in that? Now today this era would be ever indebted to Samartha Sadguru Sri Lalaji Saheb for His courage and love for opening this door. The head of the creation would remain bowed down on His feet because He is the proud manifestation of creation who has embellished this creation by the crown of Divine Personality Sri Babuji Mahraj. The entire spirituality offering the flowers of tears and love has expressed, “By getting the doors of the Infinite Journey, open in the field of spirituality through His Divine Incarnation, it has been established on Satya-Pad like a reputed guard.

It is to extend invitation to mankind that by getting the dust of the Divine feet of Sri Babuji, Gopal, the child of Bhooma it has been decorated with Infinite conditions.

Listen carefully. In the Journey to the Infinite, since there is no self movement in the abhyasi, Sri Babuji Mahraj Himself gives entry to the remaining identity in the boat of His Divine Sankalp by His Divine Will-power. What happened later is not known that how the swimming in the centre region started? What is the glorified situation here? It seems that it is an unfathomable ocean of Adi-love for mankind. The Divine consciousness alone keeps us alert in this Swimming about the feeling of His presence beyond its perception, because the feeling is of His presence, is an indication of His Divine touch. It keeps us conscious that you exist. This is the state of Divine condition here as the beginning of the condition of Negation as written by Sri Babuji. By becoming conscious of the above Divine touch perhaps my song expressed that “It was written on the corner of my sari that you do not exist.” (**“Anchar Ki Kor Pe Likha Tha Tu Hai Nahin Re.”**)

One Divine revelation is again evident that when love, devotion intellect, experience and even the 16 circles of ego get Laya in Godly power, the soul of experience i.e., Divine reveals its own self in its own language. It means our experience speaks in our Sadhna but whatever introduction is given by the Divine Self to the remaining identity, that very Divine consciousness is filled in my pen. By the Divine touch of my Babuji my pen is facilitated for the selection of the words along with its description in writing of the conditions as Divine gems. More often I felt again and again that as if in the Infinite ocean of love some one taking me out of myself and by the support of the boat of Sankalp advances my swimming ahead. The pure state of Negation enveloped in the garb of the identity boarding the palanquin of the Divine Sankalp and then the running started. Looking behind it was the glory or the substance of Sahaj Marg Sadhna which had been Laya in Sri Babuji with all its experiences. Further is the Divine wonder that whatever is before me now can be perceived only by the Divine vision. It was so because there was neither experience nor a single thing but suddenly when the Divine Sankalp gave a bit of consciousness, I found it was the Divine blessing. Alertness with its head bowed down attained the boon of the Samartha Guru along

with the boon of the completion of the Divine Sankalp of Sri Babuji there was the shower of love for His daughter. Before me there is the vast expanse of the Brighter World. There were blessings of Liberated souls which after renouncing the unique marvellous Bliss for the service of the Divine Descent were receiving His Darshan by themselves. The spiritual literature had been silent for indication of vision of this supreme Divine condition in the Infinite ocean of love in Anant-Yatra. By getting the touch of the Divine feet of the Divine Personality Sri Babuji, my pen has ended this silence for ever. The research of Sri Babuji Maharaj has traced the where about of this Divine place of Infinite glory, the Centre Region for the welfare of all. By the touch of these conditions of this place the pen is going to disclose this much now that here are the Divine souls who are capable to have mastery over the Divine Bliss. Whenever they like they can drown themselves in Divine Bliss and whenever they like they can submit themselves for the service of Divine Personality. This is the secret achieved by the touching of the realm of the Divine Personalities of the Brighter World between the Infinite Journey. Now listen! I got only the touch of it and not the entry. It is due to the perfection of His Divine Research otherwise how could any one come out after entering in it? The touch of it told all about the condition of entrance and gave the power of the support of that Sphere too. Now the boat of the Divine Sankalp advanced ahead. There was now only a trace of identity. It can be said like this that the sleepy consciousness for identity is also a boon of His Divine Research. It is His marvellous proficiency of His Divine Research while proceeding further by Swimming in the Infinite conditions of Anant Yatra maintained the awareness of the invaluable gems of Divine conditions. The description of the above mentioned conditions of Brighter World have been possible by His grace only. Natural condition had become my consciousness to introduce itself. The state of wonder was observing that the power of turning the unconsciousness into consciousness was indicating the further condition to come. It seemed as if the identity drowned in His Divine Sankalp had melted by the touch of that condition full of love. In simple words it can be said Divine loving ownness. Its achievement had melted the identity by the remembrance which seems to be forgotten one day I found suddenly that the speed of the swimming being tired became slow and slow gradually. Further the identity merged in Divine Sankalp had been provided vision of such a centre which separated the self after giving me the touch of the acceptance of love. Now the feeling of that condition made that statement of Sri Babuji clear before

me. What and how was that jerk which by making me aware of the touch of the condition of “Identity can not identify itself” i.e., by reminding the touch of the condition of powerless condition had given the swimming to the Divine boat of Sankalp again. How to depict this condition? As if they had become one by the forgetful state by getting the condition of the powerless condition “Identity can not identify itself”. It is said that in this condition the man is advised medical treatment. But now swimming in this Divine state and enabling. His daughter to discharge her worldly duties completely and keeping her alert, He is guiding her further till today. This is a Divine wonder and is uniqueness of the Divine who had blessed me with such an invaluable gem of such Divine condition and has glorified this condition with His own splendour. Which artist can depict this condition? That is impossible because the picture is dependant on lines and here a line drawn of the beauty of the condition shall be hidden. However such a Divine condition is projected by His grace alone otherwise there is nothing like a substitute to it. I have found this state of the conditionless condition imbibed in the Divine saying of Sri Babuji Mahraj as Negation from Negation.

Today I am feeling that whatever I am going to write in the love of my Babuji is drenched in the tears of love for Him. I automatically looked back before crossing over the boundary of Centre Region, I got another deep Divine secret open that the Divine Research of Sri Babuji which is from beginning to the end of the Infinite journey had removed all the bondages in the way for ever. He has affirmed this by this line of my song that- “There would not be any more bondages in my path now.” Not only this by making the path of God Realisation easy and natural for all with the intensity of His Divine love. I have come to know through my experience that the basis of **the definition of Sahaj Marg System is only the Divine Sankalp of Sri Babuji which is a source of incessant flow of Transmission.** As a result this deep and hidden secret of the conditions of Infinite Journey upto the Ultimate being pervaded has been rendered easy for all. The era is blessed with the boon of Divine gems felt happy and is glorified for all. He has blessed us with the fortune to understand the definition of boon. Whatever is gifted to us by the Godly Will from the Divine, that is called Divine boon.

When the boundary of Centre Region was crossed over, the Divine Sankalp of Sri Babuji bestowed me Divine consciousness by giving a jerk. I felt that perhaps for the first time someone has opened my eyes by the condition of Maha Parshad or by the touch of the lap of Turiyateet. Reaching up to Bhooma the seven doors of the Ultimate or seven rings according to Sri Babuji the identity itself had become silent forever in the mute vibration. It seemed as if the Ultimate condition of Maha Parshad as an alert guard associated with the Divine entrance is lost in the atmosphere to come.

I realised in this unique Divine condition that the entire atmosphere was lifeless in the absence of the identity merged in the deep condition. The Divine consciousness has made me aware of that the natural splendour from Bhooma is the life here. Sri Babuji's saying "the lifeless life" is the Divine gift in the form of Divine condition which is clear to every one now. Now let us know what this Divine consciousness is?

Nothing has been told about the Divine consciousness in the spiritual literature up till now. Divine Beauty is revealing all about itself. What to say of such atmosphere? How is the Divine attraction which according to need enters in us with the Divine light in the Infinite Journey. When there is the need? In order to assess the glory of Bhooma it begins from the commencement of the Swimming in Centre Region. Because when the identity forgets itself since then only to achieve the Realisation of the graceful glory of the Divine realm, I find that Sri Babuji Himself provides an unknown union of Divine consciousness in us. The grace of this invaluable gem according to His Divine Research is that I can write it. One another marvellous fact is to be clarified all about this place that the Divine consciousness itself is the presentation of this place, this is why it is capable in revealing all and every thing here. Think over! Who else could accept His where about except the consciousness made to descend from above by Him? There is none to date.

Divine consciousness is a glimpse of the Divine, which is achieved by His grace. I have come to know that by the beauty of His Divine Sankalp, He has gifted His own introduction to us. Now the pen has itself achieved the vision of the doors of the conditionless condition to write further for the benefit of all. Now my

pen is pressing me to clarify another fact which I had forgotten. In the Realisation of God the perfection of Laya awastha with 16 circles of ego gets merged in the centre of Godly-power. After the death by drowning reveals that the floating of a physical body on the surface of water the state of that condition that the worldly living becomes like the leaves of the lotus in the water. This philosophy has been revealed through my song - “We go on living as mortals, living after death because I have achieved you as our life”, according to the saying of Sri Babuji. **(Ham To Mar Kar Jeete Hain Kyon Ki Jeet Ban Tu Mil Gaye).**

Now in further advancement, the pen blessed with the Divine touch without any support of the condition, is going to write something getting the support of the vision of His doors. It is going to clear the subject of the Divine description of seven rings of Sri Babuji. In fact these seven rings are like the seven doors for the entrance in the Infinite realm of Bhooma. Their uniqueness is Divine and peculiar. Because these seven doors sanctified by the beauty and power of Bhooma shall bless my pen with the boon of divinity by presenting their self introduction of their Divine condition itself. First of all we are made aware of the first door or first ring which has complete silence and the condition of utter bliss but is united with the balanced state coming from the source in such a way that it seemed as if the Descendence of the Divine Personality on earth has passed by this side. It is also to mention here that in the two rings above united with the realm of Bhooma with His Divine power. One Divine secret of Ultimate Reality has been revealed to clarify it from that very place. You shall be wonder-struck to hear this. What is that? As if that very union which was present in seven rings or doors from the beginning is like a Divine path-way for the descendence of Divine Personality on earth. This is the reason that union of Sahaj Marg Sadhna with that, the “Divine is present in meditation”, gradually becomes merged in the natural Divine flow. In Centre Region the presence of Divine Sankalp always provides us alertness of it. In the end this union in the forgetfulness of Identity can not identify itself, hides its own self and staying on the condition of Maha Parshad becomes silent after consuming the entire conditions of Infinite Journey to get entry in the doors of its own homeland, the realm of Bhooma. After absorbing all the conditions, being in the state of solitude, gazing the real Divine splendour coming out from the doors when the condition of Negation from Negation gets united with that splendour the door becomes open automatically. This is the deep secret of His Divine descendence

who has established this path of union to reach up to Bhooma for mankind. Now the Divine Research of Sri Babuji Maharaj has bestowed the Divine fortune for the mankind through the Divine grace and has blessed the era to be known as Satyug or Godly era and has blessed the earth too with the beauty of the Divine gem. Now further when the second ring or the vision of the entrance calls for its own vision by the child of Bhooma, Gopal, then what happens? First of all the meaning of this call of Darshan is the untouched touch of the Divine Vibration. I have found that as much as the touch of the door of Ultimate Reality (Bhooma) reaches near by, the vibration of the Divine Sankalp of Sri Babuji becomes our inspiration. His inspiration becomes the atmosphere of entrance of every door.

Defeating the brightness coming through the doors of Bhooma, the bright consciousness of Tam awastha might say that it gives us free entry as a helper. By providing the most subtle vision of every door of the ring, Sri Babuji gives entry in that. After making this conditionless condition He takes us further in such a way that the line of my song expressed, “Sandhya heard in each and every rhythm that you are mine.” (Sandhya Har Dhun mein ‘Tu Hai Mera’ Ye Suna Hamne). We are attracted towards that rhythm automatically coming from the Ultimate Reality towards our own Divine home land, Bhooma our Divine abode. When the matter of conditionless condition and powerless power is before us then it is essential to clarify it. When the touch of the door of the Ultimate Reality had bestowed the touch of its consciousness itself only then I had been able to understand the meaning of the “Truth and the fact disappear here”. We find here only the clarity of the Divine saying of Sri Babuji which has been clear before all that “There is only the expansion of Reality all around. If you see, every thing is real, if you touch it is also real and if you understand it is real too. And Real? Whatever it was, it exists even now and shall remain the same in future. The actual fact is this that the doors of the Ultimate Reality has itself filled its own introduction in my pen that the real is real, marvellous, unique and beyond Darshan but the treasure of “Invaluable gems”. My pen requires rest now. It has become silent. The pen along with the Divine touch capable to make it blessed has lost their consciousness by tracing the abode of the Ultimate Truth. Do you know why? Because the writing has become invaluable now. It has become immortal to imbibe the invaluable gem of Bhooma (Sri Babuji) in the spiritual field by getting the invaluable conditions of spirituality.

Now those invaluable gems have achieved perfection by getting the place in my writings. Sri Babuji has bestowed the ability to His (Divine) description. Just like in my other books upto now I have written along with my experiences about the Heart Region, Mind Region and Centre Region as written by Sri Babuji. But now I am going to make this pen fortunate by writing about Divine Realisation for all. Whatever condition has descended by the sanctified touch of that Divine Personality that is before you. His Heart Region is all pervasive and Omnipotent. That is powerful Virat (Huge) heart in which the entire world is imbibed. The Mind Region i.e., Hiranya-Garbh which is the creator of the power of Creation. Hence He is Divine and Omnipotent. Centre Region is the land of Infinite glory of Divine Personality as a grace of the Centre Region. Bhooma or the Ultimate Reality is a presentation of His own home land. His true Darshan is imbibed in His Divine Research. This is a brief summary of that in writing. I hope that this short but true philosophy shall make the creation bowed down at His feet. "Let it be so". Still the boon shall go on expanding always with fresh inspirations and enthusiasm. My pen has accepted this reality altogether that the child of Sri Lalaji Saheb (Sri Babu Ji) or Gopal of Bhooma is heart in this book. He has an Invaluable gem. The whole earth has been beautified by this Divine gems.

The Divine wonder of this conditionless condition and powerless power is that neither here is light nor darkness. Then what is it? Here is the expansion of Tam-Awastha which is itself lighted with the Divine Splendour. That Divine brightness is the natural light of the lightless light of Tam-awastha. I am hearing that the Divine light has its own light. Sri Babuji Maharaj has made this reality clear before all. The conditionless condition is introducing itself in this way that whatever Divine path for the descendance of Divine Personality was due to the vibration of Ultimate Power of Bhooma. The unknown and extraordinary splendour of Bhooma which was almost lost upto now, was making the path lighted by the splendour of its realm. The vibration power, motivated by Sri Lalaji Saheb which had the aim of God-Realisation for mankind with the loving Divine invitation to make them reach upto Ultimate Reality, is making this earth sanctified and Divine by the Divine Godly flow. This is the real introduction of the conditionless condition in the door of the realm of Bhooma. Now in these seven rings the introduction of the powerless power in the form of the silent vibration is only the attraction of Bhooma. I have found that we are never stopped for the entry

of those doors. It seems as if the attitude of the conditionless condition turns automatically towards the attraction of the door of Bhooma.

*



PRAYER

O, Master!
Thou art the real goal of human life,
We are yet but slaves of wishes,
Putting bar to our advancement,
Thou art the only God and Power,
To bring us upto that stage.



ప్రార్థన

ఓ, ప్రభూ ! నీవే మానవ జీవనమునకు లక్ష్యము.
మా కోరికలు ఆత్మోన్నతికి ప్రతి బంధకములై యున్నవి
నీవే మా ఏకైక స్వామివి - ఇష్టదైవమవు
నీ సహాయము లేనిదే నిన్ను పొందుట అసంభవము.

